



**August 20, 2020** 

### **CONTENTS**

WEEKEND HAPPENINGS
UPCOMING EVENTS
COMMUNITY NEWS
CLASSIFIEDS
LEHIGH VALLEY HEALTH NETWORK

Next issue will be printed September 3rd.

Deadline for all ad copy and news
Friday, August 28th.

Email your news and events to
thebeltandbeyond@gmail.com

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**Email your news and events to thebeltandbeyond@gmail.com** 

### **WEEKEND HAPPENINGS**

United Presbyterian Church Annual Lords Auction
Annual Lords Auction for The United Presbyterian Church
held at Garret Wall Park, Belvidere NJ. August 21st.
Browsing at 9:30am Auction begins 10:30am. All items
hand made or home grown.

**Outdoor Live Music with SHLAPP Band** 

Hosted by Historic Bangor Business Association & Rameen Shayegan. August 22nd 5:00pm to 8:00pm, Raindate Aug. 23rd. Murray Street Courtyard,48 Broadway, Bangor, PA. Tickets: https://hbba.ticketleap.com

Jacobsburg Environmental Education Center Family Night - Moth Magic - Friday, August 21st at 8:00pm to 9:00pm. Moths are everywhere and come in a variety of colors, shapes and sizes. Join local moth enthusiast Steve Kloiber as we search for moths and other insects of the night. Steve will try to lure them in with lights and sugaring. Please bring a flashlight. Registration is required in order to limit group size in accordance with current health guidelines. Participants must be in possession of a face mask and practice proper social distancing while attending the program. Avian Adventures for Scouts - Saturday, August 22nd at 9:30am to 11:00am. Have you ever wanted to learn more about birds? There's no time like the present! Join us to learn about what equipment you'll need, get tips on identifying birds by sight and sound and find out what makes bird watching such a great hobby. This program is best for 8-18 year old scouts. Please register all family members that will be attending. Troop registrations will not be accepted. Registration is required in order to limit group size in accordance with current health guidelines. Participants must be in possession of a face mask and practice proper social distancing while attending the program.

Botanical Treasures of Jacobsburg - Saturday, August 22 at 1:30pm to 3:30pm. Join us as we explore the park and search for both common and unusual late summer flowers. We'll discuss the ecology of various flowers as well as any legends, myths and stories that might surround them. Be prepared for a moderate hike that may involve muddy slopes and uphill climbs. Please bring water, a snack, and wear sturdy shoes. Registration is required in order to limit group size in accordance with current health guidelines. Participants must be in possession of a face mask and practice proper social distancing while attending the program.

Weekly Weeders - Wednesday, August 26th at 8:30am to 10:30am. Interested in learning more about gardening with native plants? Volunteer to work alongside our education staff as they mulch, pull weeds, divide plants, and amend soil in the center's native plant garden. We provide instruction, tools, and weeding mats. Volunteers will need to wear a mask, bring a water bottle, and practice social distancing. Registration is required in order to maintain small group sizes in accordance with the current health guidance.

You can also view & register for community programs online at http://events.dcnr.pa.gov/. If you need an accommodation to participate in a program please contact the park office at 610-746-2801 or jacobsburgsp@pa.gov.

#### **Slater Family Network Open Thursdays**

Slater Family Network will be open every Thursday in the summer from 9:00am to 2:00pm to serve the residents of the Bangor School District. Other days available by appointment. Food, clothing, Mental Health Counseling, school supplies, and Back Pack Buddy Food Program, all free and available. Please call for details and appointment at 610-599-7019.

#### Flea - Con

It's not a Comic Con and it's not a Flea Market, it's BOTH!! Mt. Bethel Vol. Fire Hall event area behind the fire hall. Rt. 611 South, Mt. Bethel. **Sunday August 30th, 10:00am to 4:00pm** weather permitting. FMI call (609) 242-7756 or visit the website jerseyshorecomicbookshow.com

### **Bangor Borough Yard Sale Days**

Labor Day weekend, Sept. 5th-7th! The Borough waives the yard sale permit. You have the opportunity to find some treasures and release your unused items to someone who can use them.



### **Slate Belt Road Rally & Scavenger Hunt**

Sunday, September 27th,

Road Rally & Scavenger Hunt! No, this is not virtual - it's the real deal and tons of FUN! The hunt will begin at 9:00 am and

end at 12:00pm with cash prizes worth over \$1,000.00 - YES! 1k! So get your engines revving with 4 teammates in a car and choose wisely. All the Slate Belt navigators and experts can show off their #SlateBelt wisdom as the Road Rally course will wind through 10 municipalities with challenges to find obscure quirky landmarks.

Register your team of four. For more info/cost or to receive a registration contact: Stephen Reider 484-523-0900 or sreider@ caclv.org.. Registration Deadline Sept. 4th - no day-of registrations will be accepted.

Each team member registered for the Road Rally Scavenger Hunt will receive a registration gift at check-in.

### **NATIONAL DAYS**

**AUGUST IS NATIONAL WELLNESS MONTH** 

### **AUGUST NATIONAL DAYS**

AUGUST 20TH - NATIONAL RADIO DAY

AUGUST 21ST - NATIONAL SENIOR CITIZENS DAY

**AUGUST 24TH - NATIONAL PEACH PIE DAY** 

**AUGUST 25TH - NATIONAL BANANA SPLIT DAY** 

AUGUST 26TH -NATIONAL WOMEN'S EQUALITY DAY

**AUGUST 27TH - NATIONAL JUST BECAUSE DAY** 

AUGUST 28TH - NATIONAL RED WINE DAY

**AUGUST 30TH - NATIONAL BEACH DAY** 

**AUGUST 31ST - NATIONAL MATCHMAKER DAY** 



1004 Washington Blvd., Bangor, PA 18013 610-588-3831

### **NOW TAKING ORDERS FOR LABOR DAY**

**DEADLINE AUGUST 28** 

Richmond Farm & Brewery will be here Sat (8/22) from 2-7pm

Follow us on Facebook for daily Menu

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### Closed for Vacation September 10-13

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### MT. BETHEL PHARMACY



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**Other Convenient Locations: Wind Gap Community Pharmacy** 31 W. 1st Street, Wind Gap, PA 610-881-4260

Pocono Community Pharmacy 1656 Rt. 209, Unit 6 Brodheadsville, PA 570-801-7886

**Pocono Community Pharmacy II** 175 E. Brown Street, Suite 107, E. Stroudsburg, PA 570-661-8226

(located opposite to Pleasant Valley High school) (located opposite to Lehigh Valley PMC ER)

Hours: Mon-Thurs 8:00am-6:00pm; Friday 8:00am-5:00pm; Saturday 9:00am-1:00pm





Families United Network, Inc.

### Foster & Kinship Care SWAN-State Wide Adoption Network

For more information on how You can make a difference in the life of a child, please call:

570-340-1444

or visit our website at: www.families4kids.org

Families United Network, Inc. does not discriminate in regards to race, color, religious creed, disability, ancestry, national origin, age or sex

### SLATE BELT FOOD BOX DISTRIBUTION

### **Slate Belt Food Box Distribution to Continue through August**

The Slate Belt Food Box Distribution will continue every Thursday throughout the summer until August 27th. Through the work of the Slate Belt YMCA in partnership with Slate Belt Rising and the Wind Gap Vol. Fire Company, there will be fresh produce from Farmers to Families and family-portioned meals.

This is first come first serve from 4:00pm to 6:00pm every Thursday or until distributions are gone. This is open to all - no residency requirements. Location: Wind Gap Vol. Fire Co., 111N. Broadway, Wind Gap, PA.

The USDA in partnership with farmers, ranchers, specialty crop producers, food processors and distributors, and non-profit organizations to ensure that all Americans have access to the fresh and wholesome food they need during the COVID-19 national emergency.

### **Quiet Valley's Twilight Tour Art Experience**

Quiet Valley Living Historical Farm will feature a special fundraiser with the second of our new Twilight Tour Art Experience Series on Friday, August 28th between 5:30pm to 8:30pm. The experience should take from one to one and a half hours. People will be able to practice the art of

weaving and visit different stops on the historic farm. They will also see creations of fancy loaves of bread such as braided bread or a Sheaf of Wheat loaf. Enjoy complimentary refreshments made in the outdoor brick bake oven.

Preregistration is encouraged. Call Quiet Valley at 570-992-6161.

Regular tours of the historic farm will take place that day from 10:00am to 4:00pm. The farm museum grounds are open until 5:00pm.



The Twilight Tour Art Experience Series is supported in part by a Pennsylvania Partners in the Arts Project Stream grant. Farm and event are open rain or shine.

All funds raised go to support Quiet Valley Living Historical Farm, a 501(c) (3) non-profit, educational corporation. Quiet Valley is dedicated to the preservation and interpretation of rural life of 19thcentury Pennsylvania. The historic farm museum is open to the general public from the third Saturday in June through Labor Day Monday, closed Mondays except Labor Day. Also, open select Spring and Fall Saturdays; Major fundraising events are held in May, October and December. Tours for schools and groupsare by reservation. For more information visit our website www.guietvalley.org or call the farm at 570.992.6161.



#### Girls on the Run Pocono Used Shoe Drive

It's that time of year again! Girls on the Run Pocono will be collecting ALL of your gently worn used shoes of any kind now thru Thanksgiving. We accept anything that goes on your feet. All men's, women's and children's

sneakers, boots, heels, sandals, flip flops, cleats, roller skates and ice skates. All funds from this fundraiser will go to our scholarship fund. No girl will ever get turned away from our program! The shoes that are donated will go to third world countries and used as a micro-business for their families. This will help Girls on the Run Pocono and families in third world countries. This is a win win! Together we can help our local community and beyond.

Drop off locations include: Girls on the Run Pocono office, Sciota, Madtime Fitness, Tannersville; Muscle Inc., Stroudsburg; Vitamin Shoppe, Bartonsville; Sit Stay and Play, Stroudsburg; Pocono YMCA, Stroudsburg; Snap Fitness, Bangor; Slate Belt YMCA, Pen Argyl; Forks Township Community Center, Easton; Anytime Fitness, Brodheadsville; Ready Set Run, Stroudsburg; Retro Fitness - Stroudsburg; Retro Fitness - Marshall's Creek; Gary's Meat Market -Stroudsburg; Weiler Brush for employees - Cresco, Mountain Valley Orthopedics employees - East Stroudsburg; MMA Signatures Academy, Main St. Stroudsburg; Fusia Dance Studio Stroudsburg: Multi Sport Fitness, Mt. Bethel; Forever Fitness, Pocono Manor; Back 2 Health, Scotrun; Muscle Inc., Stroudsburg and Forks Township Community Center, Easton.

#### Families First 18th Annual/1st Virtual 5K Race and 1 Mile Fun Walk



Please join Families First as we celebrate our 18th Anniversary serving residents in the Pen Arayl Area School

District and participate in our 18th Annual/1 st Virtual 5-K Race & 1 Mile Fun Walk on Saturday, September 26th - October 17th.

The COVID-19 pandemic will not stop this

areat event.

Sign up to support this amazing organization!

This event is for the entire family. All proceeds will go to support the Adopt-A-Family Holiday programs and activities provided by Families First. "People Helping People" in the Pen Argyl Area School District.

Register today! Then, during the weeks of September 26th **-October 17th, 2020**, pick your favorite spot or somewhere new, alone or with others and complete the run/walk. The official registration form can be downloaded at the Families First website. www.families first pen argyl.org

Non-Refundable Entry: \$20 per person or \$50 for a family of three or more before September 26 th; \$25 per person After September 26 th . Family entries must be mailed together. Students - \$15 entry fee.

Checks payable to: Families First and mail to Families First Race Committee c/o Frank Jones 1620 Teels Road, Pen Aravl. PA 18072.

Runners: If submitting your time, complete the 5-K (3.12miles) and record your time. Be sure to include your full name, City and State. Email your race results info to: phil.giaguinto@aol.com no later than Sunday, October **18th**, to have your effort be included in the final Virtual Race Results. The one-mile fun walk is non-competitive.

Entry includes a quality T-Shirt guaranteed to first 100 runners and an opportunity to support a worthwhile cause. T-SHIRTS: Curbside pick-up will take place on Monday, October 19 th, 2020 4:00 pm to 6:30 pm, in the front of the bus loop Wind Gap Middle School. 1620 Teels Road, Pen Argyl PA 18072

Raffle: Each race participant will be assigned a raffle number. One randomly selected number will receive a prize.

Support: Be creative in showing your support for Families First on Social Media. Submit your entry to our Families First Race Committee and the Board of Directors will award several prizes for creativity and content.

All levels of sponsorship includes: publicity, listing of corporate logo or Name on the event T-Shirts, and the opportunity to place informational material in the Race Bags. For sponsorship information, contact the Families First Director, Frank Jones at 610-863-9095 Ext. 1387 or via email to jones.frank@penargylsd.org.

For more information about Families First checkout our website www.familiesfirstpenargyl.org and Like us on Facebook.

Families First of Pen Argyl is a Not-For-Profit 501 ©(3) organization that is not associated with any other Families First in the United States and has no affiliation with any political party.



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### Pen Argyl Salvation Army Cares 4RKids Survival Kits Distribution

The Pen Argyl Salvation Army, in cooperation with local businesses and organizations, distributed Summer Survival Kits 4Kids to children



and teens in the Slate Belt on Friday, August 7th. Each child also received a free ice cream from Chill on Wheels.

Pictured: Krista and Hope Nagy distributing Summer Survival Kits. Photo by Captain Barbara Cure



The Otto Family enjoying their ice cream Photo by Jodie Otto, Volunteer PA Salvation Army



**Leck Veterinary** 

610-863-3111

#### NATIONAL DOG DAY

National Dog Day is observed annually on August 26th.

This day encourages dog ownership of all breeds, mixed and pure, and embraces the opportunity for all dogs to live a happy, safe and abuse-free life. Dogs give us companionship; they keep us safe, and they aid those in need. It is a goal for many on National Dog Day to find homes for all dogs in need of a loving family. The goal of the National Dog Day Foundation is to rescue 10,000 dogs each year.

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Debbie Pettinari, Agent 106 S Broadway Wind Gap, PA 18091 debbie.pettinari.wz73@statefarm.com

### HELP WANTED

Experienced Waitress Full **Time & Part Time** 

Apply in Person, NO phone calls. Mt Bethel Diner, 2600 N. Delaware Drive, Mt Bethel, PA.

#### **HELP WANTED**

Personal Care Aides for facility that has had NO COVID cases. 3-11 & 11-7 shifts available. Must have High School Diploma and be at 21 years of age or older. Call 570-688-5737 leave message.

#### **FOR SALE**

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### **CLASSIFIED ADS**

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Classified line ad rates up to 20 words \$10 per issue each or \$15 for 2 issues. There will be an additional charge of 25 cents per word over 20 words

NAME **ADDRESS** 

**CITY/STATE/ZIP** PHONE

**YARD** 

### **Annual Yard Sales**

August 29th

8am-3pm

### LINE CLASSIFIEDS

1 ISSUE: \$10 2 ISSUES: \$18 **CLASSIFIED DISPLAY** 

1 ISSUE: \_\_\_\_ 2 ISSUES: \_

1 Column X 1.25" \$15 per insertion or \$25 for 2 issues

1 Column X 1.75" \$20 per insertion or \$30 for 2 issues Mailed or emails classified ads will only be accepted. No Classified ads will be accepted by phone. Deadline 4:00PM on Friday, prior to publication week. By mail send this form along with your check made payable to:
The Belt and Beyond, P.O. Box 33, Bangor, PA 18013
ATTN: Classifieds. ByEmail send Classified as with
Classified in the subject to thebeltandbeyond@gmail. com. All Classified ads must be pre-paid. No exceptions. No Refunds or Credits.

### SALE Call 610-703-3592 Advertise your yardsale!

FREE

in The Belt and Beyond



Limit 25 Words or Less

Email yard sales to: thebeltandbeyond@gmail.com or mail to:

The Belt and Beyond P.O. Box 33 Bangor PA. 18013

## **Dotta Development**

will be held

#### BANGOR BOROUGH YARD SALE DAYS - Labor Day weekend, Sept. 5th-7th!

The Borough waives the yard sale permit and you have the opportunity to find some treasures and release your unused items to someone who can use them.



### Like and Follow us on **Facebook and Instagram**





## **Business Card Directory**



### Mt. Bethel Diner

Open Daily 6am-10pm



Breakfast Lunch Dinner

2600 N. Delaware Dr., Mt. Bethel, PA.(570) 897-6409

610-881-4261

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