

THE *Belt and* BEYOND

FREE

Volume 3 • Issue 25


March 9, 2017

A PUBLICATION FEATURING: local events, news, happenings and more

A festive St. Patrick's Day graphic featuring a large green leprechaun hat with a yellow buckle at the top left. The hat is surrounded by a lush arrangement of green shamrocks, white daisies, and gold coins with shamrock designs. A central white oval with a dashed border contains the text 'HAPPY ST. PATRICK'S DAY'. The entire design is set against a white background with green vine-like swirls.

HAPPY
ST. PATRICK'S
DAY

CONTENTS

	Weekend Happenings	3
	Upcoming Events	4-5
	Community News	6-12, 28
	Happenings	13-14, 26
	Home and Garden	16-17
	Health & Fitness	18
	Furry Friends	19
	Dining	20-21
	Young at Heart	22-23
	Arts & Entertainment	24
	Sports	25
	Distribution List	27
	Business Directory	28
	Classifieds	29
	Religious Services	30-31
	Judge Alicia Zito	32

CONTACT US:

thebeltandbeyond@gmail.com

P.O. Box 33 Bangor, PA 18013

610-704-6818 • Fax 814-283-4819

 Like us on Facebook "The Belt and Beyond"

We are also online at www.thebeltandbeyond.com

Publisher/Editor

Candy Martin

Administrative Assistant

Colleen Olszewski

Advertising Account Executive

Kaitlyn E. Martin

kemartin.thebeltandbeyond@gmail.com

Amanda Nyborg

anyborg.thebeltandbeyond@gmail.com

Graphic Design

Joelyn Peifly, Victoria Santini, Stacey Fogel

Contributing Writers

Jackie Talero-Rueda

jcrunchymom@gmail.com

Kathleen McFall, Lee O'Donovan

Kerri Tollinger

Contributing Photographers

Kris Ordinsky-Parks, Lynn Cistone,

Stacey Fogel, Dawn Abbott

Photographers

Nick Pulsinelli, Sabrina Schantzen

REMEMBER TO CHANGE YOUR CLOCKS
Daylight Savings Time starts
Sunday, March 12th at 2:00 am



Next issue will be printed March 23rd
 Deadline for all ad copy and news
 Friday, March 17th

Email your news and events to
thebeltandbeyond@gmail.com

Count Down to Spring

11 Days

First Day of Spring
 Monday, March 20



MARCH

NATIONAL COLORECTAL CANCER AWARENESS MONTH

NATIONAL DAYS

MARCH 9 NATIONAL POPCORN LOVERS DAY
 MARCH 10 NATIONAL PACK YOUR LUNCH DAY
 MARCH 11 NATIONAL PROMPOSAL DAY
 MARCH 12 NATIONAL GIRL SCOUT DAY
 MARCH 13 NATIONAL GOOD SAMARITAN DAY
 NATIONAL NAPPING DAY-DAY AFTER RETURN OF DAYLIGHT SAVINGS DAY
 MARCH 15 IDES OF MARCH
 MARCH 17 NATIONAL CORNED BEEF & CABBAGE DAY
 MARCH 21 NATIONAL SINGLE PARENT DAY
 MARCH 26 NATIONAL EPILEPSY AWARENESS DAY
 MARCH 28 NATIONAL AMERICAN DIABETES ASSOCIATION ALERT DAY
 MARCH 29 NATIONAL MOM AND POP BUSINESS OWNERS DAY
 MARCH 30 NATIONAL TAKE A WALK IN THE PARK DAY

HOLIDAYS

MARCH 17 ST. PATRICK'S DAY

WEEKEND HAPPENINGS

BHS to Host PMEA Northeast Region Orchestra

Bangor Area High School will host the Northeast Region Orchestra 2017 PMEA Northeast Region Orchestra Guest Conductor - Margery Deutsch - University of Wisconsin at Milwaukee on **Friday, March 10th 7:30pm**. Tickets available at door.

Slater Family Network to Hold 11th Annual Silent Auction

The Slater Family Network's 11th Annual Silent Auction is scheduled for **Saturday, March 11th**, at Five Points Elementary School on the Bangor Area School District Campus. Proceeds from this event will benefit local families in need. The event begins at **10:00am** for browsing and placement of tickets. The tickets will be pulled at 12:00noon. Food and beverage will be available for purchase. There will be over 80 themed baskets and premium items such as gift cards, 50" Flat Screen TV, Inflatable Kayak, 2 bikes, Vera Bradley Bags, Coach Handbags, Xbox One and much more! Family admission includes 26 tickets. Tickets for the premium prizes will be available for a separate purchase. Please come and enjoy some family fun! For information please call the Slater Family Network office at 610-599-7019.

NCC to Hold Spring Craft Fair

Northampton Community College (NCC) will hold its annual spring craft fair on **Saturday, March 11th, 9:00am- 3:00pm**, at the Arthur L. Scott Spartan Center, Bethlehem Campus, 3835 Green Pond Road, Bethlehem Township. For more information, e-mail alumni@northampton.edu or call 610-861-5088.

Celtic Classic Parade of Shamrocks

Saturday, March 11th at 1:00pm. The parade will kick-off at 10th Avenue & Broad Street, Bethlehem. The parade route will continue east on Broad to Main Street and makes its way south on Main Street, ending under the Hill-To-Hill Bridge.

Corned Beef & Cabbage Dinner

Saturday, March 11th, 3:00pm-7:00pm. Christ Ev. Lutheran Church 703 S. Delaware Drive, Mt. Bethel, PA. Information: Chrissy at 610-588-0809

Knights of Columbus of the Slate Belt

Sunday, March 12th; All you can eat Spaghetti dinner will be held at the Father DeNisco Council Knights of Columbus located at 1680 West Bangor Road (Washington Twp.), from **11:00am - 4:30pm**. Tickets available at the door, take out available bring your own container.

Carbon County St. Patrick's Day Parade

Sunday, March 12th at 1:00pm. The parade will begin at the upper end of West Broadway in the historic town of Jim Thorpe and end at the County parking lot, a downhill route that showcases the natural scenic beauty and unique history of Carbon County.

Slate Belt Heritage Center

Sunday, March 12th, 2:00pm - "Slate Quarries: Then & Now". Speaker for the afternoon will be Portland Mayor Lance Prator. Mr. Prator is a local historian whose specialty is researching the history of the Slate Belt quarries which covers the area between the Delaware Water Gap and Wind Gap, Pa. The event is free and open to the public.

Eleventh Annual Outdoor Sportsmen's Dinner

Will be held **Saturday, March 18th, 6:00pm-8:30pm** at Trinity Lutheran Church, 404 Broadway, Bangor, PA. Traditional menu plus specially prepared wild game dishes to sample. Special Guest Speaker will be Bob Counterman, District Director Pennsylvania Trapper's Association. Comedy monologue by Brian Siegfried. Door Prizes and Raffles. Call 610-504-7886 or Email: Tmarino@leeantenna.com for tickets. Seating is limited to 150, get your tickets early. Proceeds to Benefit the local hunger appeal and food bank.

BLUE VALLEY FARM SHOW All You Can Eat Breakfast

SUNDAY, MARCH 19TH 7:30 AM - 12:30 PM

**HOMEMADE CREAMED CHIPPED BEEF,
HOMEFRIES (WITH OR WITHOUT ONIONS)
SCRAMBLED EGGS, KIELBASA, SCRAPPLE,
FRENCH TOAST, PORK SAUSAGE, BACON
PANCAKES, HAM, TURKEY SAUSAGE**

**DESSERTS: CAKES, DONUTS,
SHOE FLY PIE, PUDDINGS**

**ORANGE JUICE FOUNTAIN,
COFFEE, TEA, HOT CHOCOLATE**

ADULTS \$9 • CHILDREN 6-12 \$4.00 • UNDER 6 FREE

EASTER CANDY FUNDRAISER

Homemade Chocolate Eggs Peanut Butter or Coconut \$12 per dozen

AVAILABLE AT THE MONTHLY BREAKFAST

Sunday, March 19 & Sunday, April 9 at the Breakfast or Friday, April 14th 9-10 am
call Terry 610-258-5050 or email tkromer62@gmail.com to place your order

707 American Bangor Road (Rt 512 Between Bangor & Pen Argyl)
For More Information Call 610-588-2689

Join us for
Baskets and Bingo
BASKET RAFFLE
Friday, March 10th 5:00 p.m. - 8:00 p.m.
Saturday, March 11th - 9:00 a.m. to 2:00 p.m.
Over 200 Prizes and Baskets
CASH BINGO Saturday, March 11th, Doors open 5:00 p.m.
Bingo starts at 6:30 p.m.
Advance Ticket purchase only \$20.
Kitchen open both days! 50/50 Cash Drawings
To purchase tickets call 610-759-1652
Salem UCC Church
2218 Community Drive (RT. 946), Bath, PA (Moorestown)

A Country Home
Country Primitive Home Decor & More
Spring Open House
Saturday, March 11th
Spring Has Arrived!
**New Spring Wreaths, Florals, Flower Picks, Candles,
Decor, Garden Items, Bird Houses, and much more!**
201 Center Street | Stockertown, PA
610-759-4744
**Directions: Turn at the Widow's Tavern & Grill,
Go 1 block & turn right**
**HOURS: THURSDAY, FRIDAY, SATURDAY,
10:00 AM-6:00 PM, SUNDAY 12:00-5:00 PM**

BAGS & BARKS BINGO

A Bags and Bark Bingo will be held on **Sunday, March 19th 12:00pm to 5:00pm**, Ridgecrest at Stroudsmoor Country Inn. Proceeds to benefit Boomer's Angels Rescue & Care (501C3). Each winner will receive a Coach handbag. A luncheon will be held from 12:00 pm - 1:00 pm this will be an additional cost. Doors open at 1:00 pm and the Bingo will begin at 1:30 pm and end at 4:00 pm. Advance tickets can be purchased through the website. www.boomersangels.com Tickets will also be available at the door. You must be 18 or older to play Bingo.



Plan your Spring getaway at TUSCARORA

Register Now!

Visit www.tuscarora.org/our-events/couples
or call 800-500-TUSC (8872)

Speakers: *Drs. Paul & Virginia Friesen*
www.himweb.org



TUSCARORA INN & CONFERENCE CENTER
3300 RIVER ROAD, MOUNT BETHEL, PA 18343 • (570) 897-6000
www.tuscarora.org

Chicken & Waffle Family Style All You Can Eat Dinner

Saturday, March 11th 4:00pm-7:00pm, Hope United Church of Christ
2nd Street, Wind Gap. For more information call (610) 863-4474

Roseto Helping Hands Bring A Friend Bingo

Sunday, March 19th, Doors open at **12:00pm** Bingo starts **1:00pm**
Roseto American Legion 143 Garibaldi Ave, Roseto, PA

PIAC St Patrick's Day Parade

The Pocono Irish American Club St. Patrick's Day parade will take place on **Sunday, March 19th**. Parade starts at **1:30pm**. This year's parade Co-Grand Marshall's are Pat and Mike Murray. For information/ sponsorship please visit the Pocono Irish American Club's website www.poconoirishamericanclub.com.

Pastie Sale

Christ Evangelical Lutheran Church, 703 S Delaware Dr., Bangor. Will hold a pastie sale **Tuesday, March 21st. Pick up 11:00am-1:00pm**. To order call Chrissy 610-588-0809.

Spring Garden Series

Penn State Master Gardener's present their annual Spring Garden Series on **March 28th and April 3rd** at Gracedale Tower. This year's lectures include: "Forgotten" Small Fruit from the Old World, Companion Plants, Transitioning to Organic Gardening, and Native Plant Garden Design for Small Spaces. For costs /registration call 610-391-9840

Bangor Exchange Club Announces New Spring Events

The Bangor Exchange Club will be hosting a few new events this spring. A "Brew Bingo" will be held on **Saturday, April 1st, 2017**, at the Blue Valley Farm Show Complex. The bingo will feature "brew" themed prizes. Attendees must be 21 years of age or older. Food and beverages will be available for purchase. Tickets are available by calling Sue at (610) 863-9688. Tickets will also be available at the door.

An "Entertainment Eggstravaganza" The Bangor Exchange club will be hosting an evening of magic and illusions featuring magician David Caserta. The magic of David Caserta is known nationally from his appearance on "America's Got Talent" and his celebrated Halloween show at Easton's State Theater as well as many other venues. He will be performing **Friday, April 14th** at the Blue Valley Farm show complex, in Bangor, at 6:30 pm. Tickets are available by calling Carolyn at 610 905 2173. An egg hunt for all children (under 12 years old and under) who will be attending the magic show will begin at 5:00 p.m.

The Bangor Exchange club is one of the Slatebelt's oldest enduring non-profit organizations whose mission is to help in the prevention of child abuse. Business owners and community members are encouraged to join.

BAHS Music in Our Schools Concert

Bangor Area High School Music in Our Schools Concert will be held on **Thursday, March 30th, 7:00 pm**. Featuring instrumental and choral ensembles from all levels. M.Craig Paine Performing Arts Theatre
For more information visit: bahsbands.weebly.com

American Cancer Society Relay For Life Tricky Tray

Saturday, April 1st, Doors open at 12:30pm

St Mary's Episcopal Church, 340 North Lehigh Street, Wind Gap. For more info please contact: Lee 732-748-1610 or Tammy 610-863-5033 or on day of event Terry 484-866-3142.

Cavatelli Dinner

Sunday, April 2nd, Seatings: **12:00pm, 1:30pm, 3:00pm and 4:30pm**
Columbia Fire Co., 164 Garibaldi Ave., Roseto, PA. Advance tickets only. FMI contact Cindy 610-588-1780 or Dawn 610-462-6432.
Proceeds to benefit the Bangor Area High School Bands.

Roseto Helping Hands Bake Sale

The Roseto Helping Hands will hold a bake sale **Friday, April 7th & Saturday, April 8th, 8:30am-3:00pm**. Capitol Ace Hardware, 438 Blue Valley Dr, Bangor, PA. Percentage of proceeds to benefit Relay for Life.

Slate Belt Heritage Calendar of Events

Thursday, April 13th, 7:00pm - Homefront Book Presentation
Thursday, May 11th, 7:00pm - Doug Wynne, Painter of historic areas in the Slate Belt
Thursday, June 15th (3rd Thursday) 7:00pm - 2017 Preservation Awards
Thursday, July 13th, 8:00pm - Kirk & Sara Brown, Letters From the Homefront
Thursday, August 10th, 8:00pm - TBA
Thursday, September 14th, 7:00pm - TBA
The Heritage Center is located at 30 North 1st Street, Bangor, PA.
For additional information contact: Karen Brewer @ 610-588-8615.

Next issue will be printed March 23rd • Deadline for all ad copy and news Friday, March 17th

Email your news and events to thebeltandbeyond@gmail.com

Dear Fellow Slate Belt Residents,

Again, we ask our community to pull together. This time it's not to help build a YMCA but to stop the building of a Sludge Treatment Facility next to the WM Landfill in Plainfield Township.

We urge as many citizens as possible to follow the information given to us through the sludgefree.umbt on Facebook, John Reinhart's January 17th letter in The Express Times and the Facebook Sludge Free Slate Belt flyers.

This information will get you up to speed quickly. We urge you to contact the representatives of the Green Knight Economic Development Group at tech@gkedc.com and The Plainfield Township Board of Supervisors and the Plainfield Township Zoning Board at twp.plainfield.pa.us. Contacting individual Board Members would be helpful.

Anyone you know in these organizations should be contacted and your attendance at their meetings would be great. The future of our families and neighborhoods are at stake.

We'll be there in opposition with you.

Sincerely,
Tighe and Neil Scott

Over 36 Years Building Character and Academic Excellence through a *Christ-centered Education*

OPEN HOUSE

**TUESDAY
MARCH 14th
7:00 - 8:30 PM**



122 Dante Street
Roseto, PA 18013
(Corner of Dante Street
& Liberty Avenue)

- Full Day Kindergarten through 12th Grade
- Busing is provided from 7 school districts
- Bangor, Pen Argyl, Stroudsburg, East Stroudsburg, Pleasant Valley, Nazareth and Easton.

(610) 588-3414
www.fcslions.org

MAIN STREET MARKET'S FAMOUS END OF WINTER MEAT SALE ONE DAY ONLY THURSDAY, MARCH 23rd, 2017 8:00 a.m.- 6:00 p.m.

*Great Prices on all your favorite cuts of
chicken, pork, beef, and seafood.
While supplies last!*



**MONDAY THRU FRIDAY - 8 AM - 9 PM
SATURDAY - 8 AM - 8 PM • SUNDAY - 8 AM - 6 PM
NORTH MAIN STREET, BANGOR, PA • 610-588-8387**

WE
ACCEPT



MAINSTREETBANGOR.COM

2 litre bottle
PEPSI
88¢
Limit 5

**Save
\$10.00 off
a \$100
purchase day
of Sale**
PLU #675
Cannot be combined with any
other offer. Valid 3/23/17 only



East Bangor Vol. Fire Co.



Basket Bingo March 31st
doors open at 6pm
Bingo starts at 7pm
Tickets \$20 to reserve
yours call 610-588-5996



Craft Show
April 1st 11am-2pm
Easter Egg Hunt 12:30
ages 1-12
Easter bunny will arrive on
the fire truck at 12pm
Vendors call
610-588-5996

Charter's Banquet Facility

6480 SULLIVAN TRAIL • WIND GAP, PA

Small Hall
UP TO 50 PEOPLE

Banquet Hall
UP TO 500 PEOPLE
ROUND TABLES AVAILABLE

Outdoor Pavilion
FOR ANY EVENT

WEDDINGS,
BANQUETS, SHOWER,
FUNERAL, LUNCHEONS
FAMILY REUNIONS,
GRADUATION PARTIES

AT PLAINFIELD TOWNSHIP VOLUNTEER FIRE COMPANY

CONTACT INFORMATION: 610-863-7383 • WWW.PLAINFIELDFIRECO.COM
BANQUETFACILITY@PLAINFIELDFIRECO.COM

Free Earth Day Festival

Saturday, April 22nd 10am-3pm; Monroe Campus of Northampton Community College (Rt. 715). For additional information visit www.mcearthday.org or www.closetheoop.com.

2017 JDRF One Walk

Sunday, April 23rd, Check-in: 1:00pm Start Time: 2:00pm. Length of walk 3 Miles. Location: Stroudsburg High School, Stroudsburg, 1100 West Main Street, Stroudsburg, PA 18360 to register www.walk.jdrf.org or for more information contact Eastern Pennsylvania Chapter 610-227-0369 or JPaprzycki@jdrf.org

4th Annual Nazareth Jazz Festival

April 29th 12:00pm-6:00pm at Nazareth Boro Park

PEEC Earth Day & Family Fun Day

Saturday, April 29th; Celebrate Earth Day at Pocono Environmental Education Center (PEEC) 538 Emery Road, Dingmans Ferry, PA from **10am – 4pm.** For more information call 570-828-2319 or visit www.peec.org

Breast Friends of PA Coach Bingo

Saturday, April 30th to be held at Charter's Banquet Facility at Plainfield Twp., Vol. Fire Co., **from 12:00pm–4:00pm.** For tickets and additional information please contact Vivian Vegan 321-236-3722 or visit <https://www.facebook.com/events/1248727128547419/>



Portland Mayor Lance Prator Addresses

Bangor Women's Club GFWC

Lance Prator, Mayor of Portland PA addressed the Bangor Women's Club at their February meeting at Prince of Peace Church. He described Portland's participation in the Scenic Wild Delaware River Project and the recreational benefits of GeoTourism. Portland information is listed on the DelawareRiver.NatGeotourism.com website. The walking bridge between Columbia, NJ and Portland, PA is part of the Liberty Water Gap Trail which goes from Delaware Water Gap to Liberty Park NJ; the National 911 Trail from Shanksville, PA to New York City; and Bike Route V. Local historians participated in entering the information on the site. The group was instrumental in erecting a public restroom near the walking bridge thus the designation "Portland is the place to go". The area has a large amount of historic information and Lance encouraged everyone to tell their stories.

The club project this month was to fill purses with personal care items to be given to the Turning Point Shelter in Allentown. Ellen Prudenti and Judy Newcomb will deliver the items. Supporting domestic violence shelters is one of the club's priorities. This month the club collected cash donations for PUMP Portland Upper Mt. Bethel Food Pantry. PUMP has a matching grant that will match all cash donations they receive. The craft group is starting a new project to sew bright colored cotton dresses for children in Haiti and knit woolen hats and scarves for Appalachia. The club collects calendars and greeting card fronts to donate to Slate Belt Nursing Home to use in their Occupational Therapy program. This month 15 calendars and 1808 card fronts were collected. This month Bangor was pleased to host the Bethlehem Women's Club President, Jean Larkin and Assistant Treasurer, Chris Ippoliti.

The next meeting will be held at Prince of Peace Church, Johnsonsville, PA on Tuesday, March 21st, at 12 noon.

Marc Blau will speak on the "HomeFront" book project that the Slate Belt Heritage Center has compiled. Anyone interested in attending may contact Ellen at 570-897-5787 for full information.

2nd Annual Nazareth Food Truck Festival

Saturday, June 3rd 12:00pm-6:00pm Belvidere St., Nazareth

Queen of Peace Catholic Church - Flea Market

Friday thru Sunday, June 23rd-25th; located at Queen of Peace Catholic Church, Rte. 209 & Weir Lake Road, Brodheads ville, PA. Vendors wanted for more information please visit www.qopchurch.org or email loribray84@gmail.com or call 610-681-6137.

East Allen Twsp. Vol. Ambulance Corps.

East Allen Township Volunteer Ambulance Corps, is seeking vendors, crafters and sponsors for a combined Yard Sale/Craft show along with a Tricky Tray on **Saturday, May 13th.** For more information on this event please call Joe Light 610-261-9196 or JLIGHT@EATVAC.ORG or visit www.eatvac.org/events.

Slate Belt Photography Club

Meetings are held **every 2nd Thursday of the Month at 7:00pm** at Trinity Evangelical Lutheran Church, 404 Broadway, Bangor, Pa. For more info contact: Ricky Mensch @ Sbpc216@gmail.com





Waste Management Presents Check to Slate Belt Rising



Waste Management's Grand Central Landfill provided the first of its six-year commitment of funds to the Slate Belt Rising neighborhood revitalization initiative today. This is the first contribution for Slate Belt Rising.

Representatives from Waste Management presented a check for \$50,000 to the Slate Belt Rising Director Stephen Reider and members of the Slate Belt Rising Committee. In addition to the pledged funds by Waste Management and other corporate businesses, the program will receive money from state and local grants. Other corporate sponsors include Merchants Bank of Bangor, ESSA Bank and Trust and Lafayette Ambassador Bank. Among these corporate sponsors, a total of \$775,000 has been pledged to support this project. The Slate Belt Rising will be the state's first multi-municipal Neighborhood Partnership Program (NPP). Corporate partners will receive tax credits for their contribution. This program is focused on investing \$1 million into the Northampton County boroughs of Pen Argyl, Wind Gap, Bangor and Portland.

"I would like to express my deepest thanks to Waste Management for their generosity and support of the Slate Belt Rising program. I look forward to working together with them and making this Slate Belt revitalization effort a success," said Reider.

"We are proud to support this initiative and further the future of the Slate Belt," commented Sr. District Manager Glenn Kempa.

HOW WASTE MANAGEMENT IS PROTECTING AND IMPROVING THE ENVIRONMENT

The Slate Belt Rising Committee is seeking volunteers for subcommittees. These subcommittees include neighborhood engagement and program sustainability, youth engagement, neighborhoods and housing, vibrant economic climate and regional cooperation. Any residents in the Boroughs of Wind Gap, Pen Argyl, Bangor or Portland that have interest in joining the committee should contact Stephen Reider via email (sreider@cacv.org) or by telephone 484-523-0900. Residents can stay up to date on events and learn more about Slate Belt Rising by visiting the committee Facebook page: www.facebook.com/slatebeltrising



Pictured L-R John Hambrose WM Communications, Mngr., Adrienne Fors WM Community Relations Coordinator, Stephen Reider, Slate Belt Rising Director, Mike Ortoski, Slate Belt Rising Committee, Alan Jennings, Community Action Committee of the Lehigh Valley
Photo by Sabrina Schantzen

FREE GED PREPARATION

Improve your Reading, Math and Writing

CLASSES BEGIN IN MARCH 2017

BANGOR
Begins
March 20

Monday & Wednesday

6:00-8:30 PM

DeFranco Elementary
School Library

Rt. 512 & 5 Points
Richmond Road

PEN ARGYL
Begins
March 23

Monday & Thursday

6:00-8:30 PM

Pen Argyl Sr. High
School Library

501 W. Laurel Avenue

NAZARETH
Begins
March 23

Tuesday & Thursday

6:00-8:30 PM

Nazareth Sr. High
School Library

501 E. Center Street

THE FIRST WEEK OF CLASS IS ORIENTATION - STUDENTS MUST ATTEND BOTH DAYS. If a student cannot attend both days in March they must wait until the next class session to begin in September. Adults who attend class, complete requirements and pass the GED will receive an equivalency High School Diploma.

COMPUTER TRAINING IS INCLUDED IN ALL CLASSES.


Northampton
Community College

Provided by the Bangor, Pen Argyl, and Nazareth
School Districts & NCC Center for Adult Literacy

**FOR ADDITIONAL INFORMATION,
PLEASE CALL 610-861-5427**

For GED test info - www.ged.com

MT BETHEL VOLUNTEER FIRE COMPANY

SPORTSMEN'S BANQUET AND RAFFLE MARCH 25, 2017



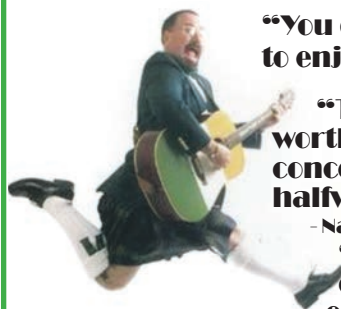
DOORS OPEN 4:00 PM
BUFFET DINNER 6:00 PM
30 RAFFLE PRIZES
WORTH OVER \$4,000
TICKETS \$50 EACH



For Information
and Tickets call
Barry Leck
570-897-0586



Seamus Kennedy



**"You don't have to be Irish
to enjoy Seamus Kennedy"**

- Alexandria Dort Eacket

**"This is a man who is
worth travelling to see in
concert, even if he was
halfway 'round the world."**

- Naomi De Brown, Green Man Review

**"a gleefully mixed bag
of styles and traditions....
enjoyably eclectic"**

- Richard Middleton, Sing Out!

Date: **Saturday, March 25, 2017**

Time: **8:00PM**

Place: **Blue Valley Farm Show**

707 American Bangor Road, Bangor, PA 18013

Cost: **\$25 General Admission**

includes Soda/Water, Snacks; BYOB

\$40.00 includes Meet and Greet & Whiskey Tasting
show and lite food w/ Seamus before the show (6:30 pm)

The O'Grady Quinlan School of Irish Dancers .
will also be performing.

For tickets or more information
please contact Jackie Brinker 610.588.2101
www.seamus-kennedy.com

Sponsor: Thrivent Financial

Proceeds Benefit St. Peter's Scholarship Fund

Eleventh Annual Scholarship

Slater Family Network is offering a \$2000 scholarship for a graduating Bangor HS senior who plans on attending a trade/vocational school or college. The scholarship is awarded to a student who is involved in community service. Applications are in the HS Guidance office, Slater Family Network office or on school district website under Slater Family Network.

Applications are due in the SFN office by **Thursday, April 20**. If you have any questions, please call the office at 610-599-7019.

Blue Valley Farm Show

Scholarship Applications Available

The Blue Valley Farm Show has available to any student who is or has been a member of Northampton County 4-H clubs, two \$500.00 scholarships for the 2017-2018 school year. Applications must be returned by March 31, 2017. The scholarships will be presented to the winners during the annual Blue Valley Farm Show in August. For more information contact Audrey Koehler at 610-498-3389.

Bangor Women's Club GFWC

Scholarship Applications Available

The Bangor Women's Club GFWC is offering a \$1000 scholarship for a senior student from Bangor High School or Faith Christian School. Students interested in applying for this scholarship may obtain an application from the school guidance office. Applicants must be planning to begin their college education in September. The deadline to submit applications is **April 15, 2017**.

Slate Belt Chamber of Commerce Scholarship Achievement Award Applications

The Slate Belt Chamber of Commerce is pleased to announce applications for Scholarship Achievement Award 2017 are available at the guidance departments of Bangor High School, Pen Argyl High School, Faith Christian & Career Institute of Technology.

The Slate Belt Chamber of Commerce will award one scholarship to a senior from each of the five area schools: Bangor, Pen Argyl, Faith Christian & Career Institute of Technology. Applicants must reside in the Slate Belt to apply.

The scholarships will be presented to the students based upon the following criteria; academic accomplishment, demonstrated service to school and/or community, demonstration of leadership capabilities and future vocational plans.

Please note, a separate award, The Frederick R. Curcio, Jr. Scholarship Award may also be applied for at this time. To qualify a senior must be either registered at Lincoln Technical Institute or majoring in computer science.

Applications must be received by **April 15, 2017**. To honor the recipients, parents, and friends, a Scholarship Awards Dinner is planned for May 18th at Tuscarora Inn. For more information contact the guidance department or the chamber office at 610-588-1000.

Seventh Annual "912" Scholarship

The family and friends of Mr. Denny Strouse are offering a \$1000 scholarship in loving memory of Denny. The 7th Annual "912" Scholarship is for a graduating Bangor High School senior who plans on attending a technical school or college. The scholarship is awarded to a well rounded student with interests in academics, outdoor sporting activities such as hunting, fishing, hiking and an enthusiasm for the outdoors. The student must possess a giving spirit exemplified through community service and love for family and friends. The application process is being facilitated by Slater Family Network. Applications are in the High School Guidance office, Slater Family Network office or on the school district website front page under 2017 Scholarships or under Slater Family Network.

Applications are due in the SFN office by **Thursday, April 20**. If you have any questions please call the office at 610-599-7019.

Bangor High School Class of 1986 Scholarship

A memorial scholarship was established in 1997 by the Bangor Area High School Class of 1986 to honor the memory of deceased classmates. It is named in Gary Moffett's honor because he not only served as Class Treasurer, but he also touched the lives of all who had the privilege to know him. They have since dedicated this memorial scholarship to recognize other classmates who have passed in recent years: David Pritchard, Cherry Oyer Klinger, Frank Lisovich, Melissa Fox Niceforo, and Kelly Cory.

A scholarship award of \$500.00 will continue to be presented annually to a member of the graduating senior class at Bangor High School who best exemplifies the qualities which Gary embodied -- leadership, friendship, service, character, and scholastic achievement. The recipient is chosen by Gary's wonderful and loving family, and is announced during Commencement.

Anyone interested in applying should do so before **May 1st, 2017** in the guidance office at Bangor High School

f Like us on Facebook

Homefront Magazine Book

A press conference was held on Tuesday, February, 28th, at the Slate Belt Heritage Center. The project to publish a book about the Homefront Magazine began in October 2015. The co-authors; Marc Blau, Chip Turtzo, Karen Brewer and Deanna Ruzanski assembled volunteers to read and summarize the 4000 plus letters that WW II soldiers sent home to their beloved Homefront Magazine. The letters were then categorized by topic, and placed into appropriate chapters. Some of the chapters are, The Fairest of the Month, Battlefield Stories, Soldier's Artwork, Poems and Prayers, Heroes and more. The book highlights the letters and used the hand-written words of our Slate Belt fighting men and women to tell the story. Many of your fathers and grandfathers are mentioned in the book and while it was unfeasible to use all of the letters, those that were chosen was based on content. Books can be picked up on Sunday, April 23rd, 9:00

am -Noon., however, to ensure that copies are available for all who would like a copy, pre-orders are now being taken. Please send a check payable to the Slate Belt Heritage Center (att: Marc Blau) for \$35.00 to reserve your copy. Those out of town desiring a copy must add \$10.00 to cover costs for shipping and handling. For additional information contact: Karen Brewer at 610-588-8615

photos by Nick Pulsinelli



Pictured L-R Chip Turtzo, Marc Blau, Deanna Ruzanski, and Karen Brewer.

Exciting News at the Blue Mt. Community Library

The Blue Mt. Community Library will be upgrading the existing computer system to a new automated system. The library will be closed mid-March, during which time the Board of Directors will be working to put this system in place. Once we have reopened, all patrons will receive a new library card. (Please bring identification with you). When checking out a book, you MUST have your card with you. Borrowing books will not be possible without the card. While the library is closed, please return your books to the outside book drop. Please call the library at 610-863-3029 or check our website at www.bmcl.org to find out when the library will reopen. We will strive for the least disruption to our patrons and we thank you for your patience during this process.

Thinking About Starting a Business?

The Rising Tide Community Loan Fund & Slate Belt Chamber of Commerce welcomes you to "Start Your Business Class".

Classes start April 6th from 6:00 p.m. -8:00 p.m. and will run for 4 weeks every Thursday in April. Classes will be held at the SBCC office, 187 Blue Valley Dr., Bangor, PA. Start, Manage, Grow Your Own Business Today. Classes will cover: Business Information/Licenses & Permits/ Marketing & Sales/Business Finances. Seating is limited call today. Emily Stull 484-893-1032, or email: estull@caciv.org or Laura McLain 610-588-1000, email: info@slatebeltchamber.org

WE FIND MONEY OTHERS MISS.

 Come in for a **FREE** Second Look¹ Review.¹

If you didn't use H&R Block for your 2015, 2014, and 2013 tax preparation, you may be leaving money on the table.

We'll review these past returns for accuracy to ensure you claimed all eligible tax credits and deductions, which could mean more money for you.

**H&R
BLOCK**

Get your taxes won.

¹ At participating offices. Results vary. All tax situations are different. Fees apply if you have us file a corrected or amended return. The IRS allows taxpayers to amend returns from the previous three tax years to claim additional refunds to which they are entitled. Applies to individual tax returns only. OBTP#B13696 © 2017 HRB Tax Group, Inc.



Call or visit hrblock.com to make an appointment today.

215B South First St.
Bangor, PA 18013 | 610-588-0011
228 South Broadway, Suite B
Wind Gap, PA 18091 | 610-863-7303

Time Running Out to Claim \$1 Billion in Tax Refunds from 2013

Taxpayers who did not file a tax return for 2013 may be one of the nearly 1 million who may be due a refund from that year. Taxpayers must claim their part of almost \$1 billion by this year's April 18 tax deadline. To claim a refund, taxpayers must file a 2013 federal income tax return. Here are some facts about unclaimed refunds:

The unclaimed refunds apply to people who did not file a federal income tax return for 2013. The IRS estimates that half the potential refunds are more than \$763. Some people, such as students and part-time workers, may not have filed because they had too little income to require them to file a tax return. They may have a refund waiting if they had taxes withheld from their wages or made quarterly estimated payments. A refund could also apply if they qualify for certain tax credits, such as the Earned Income Tax Credit

The law generally provides a three-year window to claim a tax refund. For 2013 returns, the window closes on April 18, 2017.

The law requires that taxpayers properly address, mail and postmark their tax returns by April 18, 2017, to claim their refund. After three years, unclaimed refunds become property of the U.S. Treasury. There is no penalty for filing a late return if taxpayers are due a refund.

The IRS may hold 2013 refunds if taxpayers have not filed tax returns for 2014 and 2015. The U.S. Treasury will apply the refund to any federal or state tax owed. Refunds may also be held to offset unpaid child support or past due federal debts such as student loans.

Taxpayers who are missing Forms W-2, 1098, 1099 or 5498 for prior years should ask for copies from employers, banks or other payers. Taxpayers unable to get these copies can request a wage and income transcript either online or by mail. Taxpayers can also file Form 4506-T to get a transcript.

The three-year window also usually applies to a refund from an amended return. In general, you must file Form 1040X, Amended U.S. Individual Income Tax Return, within three years from the date you filed your original tax return. You can also file it within two years from the date you paid the tax, if that date is later than the three-year rule. That means the deadline for most people to amend their 2013 tax return and claim a refund will expire on April 18, 2017.

Provided by the Internal Revenue Service

Made available to you by H&R Block of Bangor and Wind Gap.

Tax Tips provided by H&R Block in Bangor and Wind Gap, PA



*We would like to welcome
Chip Turtzo to
The Great
American Real
Estate family*



L-R Carmela Kocher, Ron DeCesare, Audrey DeCesare, Ron DeCesare, Laila (Mascot), Chip Turtzo, Tammy Slayton and Andrea Lohman, (missing from photo Peggy Seme, and Wayne Schwartz)



3 bedroom, 2 bath home with an open concept feel that overlooks the beautiful Chicola Lake.

\$69,000



Very versatile single home with extended family possibilities. 3-4 bedrooms. 2 garages.

\$135,000

State of the Real Estate Market

The National Assn. of Realtors has just reported that existing home sales has hit a 10 year high! This information considers the entire country. We know that the only real estate information that is relevant to the readers of the Belt & Beyond is local information. The reality is that locally the sales statistics are similar or slightly better than the national figures.

Now is the time to Buy and Sell!

With the economy improving it is a fact that mortgage interest rates will be rising. In fact, over the past few months rates have increased approximately .5 % and today FHA rates are 3.8% and conventional rates 4.25%. It is important to understand that rates may vary and are affected by credit score and various other aspects.

A recent report stated that approximately 65% of potential buyers believe that they must have a significant amount of money to buy a home. This is inaccurate. Loans exist with 0 down, 3%, down 3.5% down, etc.

If you are interested in Buying a home call a mortgage lender to get information based on your situation.

We invite you to call us with any questions or for any real estate needs at The Great American Real Estate Company, Rts 33 & 512, Wind Gap, Pa. 610-863-6205

Compliments of Great American Real Estate

Donate Your Used Prom Dresses and Formalwear

Bangor Boutique, located in Bangor High School, is now collecting gently used formalwear, shoes, and jewelry. Drop off donations at Bangor High School 187 Five Points Richmond Road, Bangor, PA 18013

Candidacy for Magisterial District Judge 03-3-03



Tony Lupo is excited to announce his candidacy for Magisterial District Judge 03-3-03, of the Slate Belt. He completed the Magisterial District Judge certification course held by the Minor Judiciary Education Board in December 2016 and successfully attained the required certification for a Magisterial Judge.

He holds a bachelor's degree from Shippensburg University in Criminal Justice. Since relocating to the Slate Belt in 2007 he has operated a successful construction company, Custom Elite Builders (C.E.B. LLC). Being a small business owner in the Slate Belt has given him strong leadership, work ethic, and problem solving skills that directly translate to the position of Magisterial Judge.

Tony is passionate to serve and help the community. He has supported local charities and organizations and participated in community activities.

The District Magisterial Court is the people's court. The people's court should be represented by a citizen that more closely resembles the people of the area it is to serve. According to the Minor Judiciary Education Board of the 527 district judges only 148 are attorneys (The Times Tribune, March 22 2015).

Tony believes that a judge should be fair and impartial. In order for a judge to truly have these qualities they must not have political connections or motivations. They should not take campaign contributions. Accepting financial donations threatens the integrity of the position.

"It would be an honor to protect the citizens of the Slate Belt".

Tony currently lives in Washington Township with his wife, Lori Lupo, and their three children. There will be a campaign event Friday March 24, 6-8pm at Johnnies Restaurant and Pizza, 117 Washington Boulevard Bangor. See Tony's website for additional information www.lupoforjudge.com.

He intends to cross-file to run on both the Democratic and Republican tickets for the Primary on May 16th.



Northampton County Band

Bangor High School Bands have 22 students selected for Northampton County Band. Erika Neetz, Allison Steinert, Emilee Brewer, Amanda Karner, Justin Khan, Abigail McCoy, Madison Oxford, Morgan Pysher, Nicholas Hoyt, Gabriel Piloza, Daniel Schirripa, Aryana Smith, Jordyn Taylor, Nicholas Stine, Andrew Bunn, Akash Sareen, Cayla Stiles, Gregory Snyder, Ava Peklinsky, Elisha Hoyte, Griffin Krouse, Courtney Smith.

Students were selected from Bangor Area High School, Easton Area High School, Freedom High School, The Lehigh Valley Charter High School for the Performing Arts, Northampton Area High School, Pen Argyl High School, Saucon Valley High School, and Wilson Area High School. Concert will be held at **7:00pm, March 18th**, at Saucon Valley High School.

Celebrating Slate Belt Recovery and Community

Recovery Day is a 6-hour event where we have people sharing their stories of hope and recovery. This is a free event, all are welcome and food will be served every hour. The first speaker will be Recovery Revolution's own Clinician Patti Baranowski talking about "Additions 101." The other speakers will be sharing how addiction has impacted their life either personally or through a loved one. While others are enjoying "green beer" you are invited to "keep it green through Recovery Day at A Clean Slate"

To view other events you can like "A Clean Slate" on Facebook.

What: 11th Annual Recovery Day by A Clean Slate in partnership with Northampton County Drug & Alcohol
 When: March 18, 2016, 1pm – 7pm
 Where: A Clean Slate 100 S. First St.
 Bangor, PA 18013 Info: 610-452-9348 or 610-599-7700

All sessions will begin promptly on the hour. To respect the speaker, please be on time. There will be a 15-minute break between each speaker for refreshments and fellowship. This event is to raise awareness and bring hope to our community.
 The event is free and ALL ARE WELCOME!
 1:00 p.m.-1:45 p.m. "Addiction 101" What's it all about?
 2:00 p.m.-2:45 p.m. "The Elephant in the living room" Living and Coping with a loved one's addiction.
 3:00 p.m.-3:45 p.m. "It works if you work it" A story of Recovery
 3:50 p.m. FIRST DRAWING/DOOR PRIZES
 4:00 p.m.-4:45 p.m. "Honesty, Open-mindedness, and Willingness" personal story of addiction
 5:00 p.m.-5:45 p.m. "The Part We Play" A Family Disease—A personal story about living with an Alcoholic
 6:00 p.m.-6:45 p.m. "Living The Program" - A personal story of Action
 6:50 p.m. LAST DRAWING/DOOR PRIZES

Spring Bridal and Prom

Issues of:
 March 23, April 6, 20, May 4, 2017



Reach Potential New Clients
 Affordable Full Color Advertising
 Call for Advertising Information 610-704-6818
 or Email: thebeltandbeyond@gmail.com



Kris Ordinsky-Parks
 Photography
 www.facebook.com/rockfotogal
 610-360-1377

Recovery Day March 18, 2017

- 1:00-1:45: "Addiction 101" What's it all about?
- 2:00-2:45: "The Elephant in the living room" Living and Coping with a loved ones addiction.
- 3:00-3:45: "It works if you work it" A story of Recovery
- 3:50: FIRST DRAWING/DOOR PRIZES
- 4:00-4:45: "Honesty, Open-mindedness, and Willing-ness" personal story of addiction
- 5:00-5:45: "The Part We Play" A Family Disease—A personal story about living with an Alcoholic
- 6:00-6:45: "Living The Program" - A personal story of Action
- 6:50 LAST DRAWING/DOOR PRIZES

All sessions will begin promptly on the hour. To respect the speaker, please be on time. There will be a 15 minute break between each speaker for refreshments and fellowship. This event is to raise awareness and bring hope to our community. The event is free and ALL ARE WELCOME!

Event will be held at: A CLEAN SLATE
 100 S. First St., Bangor, PA • 610-452-9348
 In Partnership with Northampton County Drug and Alcohol & Recovery Revolution
 610-599-7700/www.recoveryrevolution.org

Drum Circle

Thursday March 23rd 6:45 pm

Everyone Can Drum! No experience needed. Beat Stress, Connect with your tribe. Serenity Sisters hosts the monthly Slate Belt Drum Circle. Thursday, at Baby Harry Coffee located on 34 Broadway Bangor Pa. The group is led by the amazing Maureen "Moe" Jerant, drum circle facilitator, drummer/teaching artist from Lehigh Valley, PA. She is artistic director of all women's percussion ensemble, The Jamani Drummers, and organizer of Great Djembe Jam.

This fun evening is open to all ages! For cost and to reserve your spot call Jasmine at 484-809-0440

Drums are provided, but if you like you can bring your own! Coffee and snacks will be available for purchase.

**JOIN US FOR A TOUR OF SYNAGRO'S
PHILADELPHIA BIO-FUEL FACILITY
MARCH 25, 2017 AT 9:00 AM**

TRANSPORTATION WILL BE PROVIDED FROM THE
GRAND CENTRAL LANDFILL
910 W. PENNSYLVANIA AVE, PEN ARGYL



SEATING IS LIMITED - PLEASE CALL (443) 489-9171 OR EMAIL
LCROSSITER@SYNAGRO.COM TO RESERVE YOUR SEAT

TO LEARN MORE, THE SLATE BELT HEAT RECOVERY PROJECT
QUESTION & ANSWER FORUM WILL BE HELD ON
APRIL 5TH AT 6:30PM
PLAINFIELD TOWNSHIP VOLUNTEER FIRE HALL
6480 SULLIVAN TRAIL, WIND GAP

SYNAGRO

GREEN KNIGHT
ECONOMIC DEVELOPMENT CORPORATION

WM
WASTE MANAGEMENT



\$Cash Prizes\$
Saturday March 25th 2017

6:00 PM (doors open at 5:00 PM)

At the Bangor Elks
120 Broadway Bangor PA

Tickets \$40.00 in advance
\$45.00 at the door (upon availability)
To purchase advanced tickets
610-588-3420 (after 6:00 PM)
or 610-844-3056
Food - Fun - Prizes



We protect it.
You live it.

Lucy W. Flinn CLU LUTCF, Agent
106 S Broadway
Wind Gap, PA 18091
Bus: 610-863-5190
lucy.flinn.bv31@statefarm.com

I'm here to help life go right™ – so you can
enjoy it, while I help protect it. Let's talk about
your life insurance options.
CALL ME TODAY.



State Farm Life Insurance Company (Not licensed in MA, NY or WI), State Farm Life
1601487 and Accident Assurance Company (Licensed in NY and WI), Bloomington, IL



Follow us on
Instagram

KINDERGARTEN SCREENING

We are excited to begin this educational journey with the incoming kindergarten parents and students. The kindergarten teams at both Washington and Five Points are so excited to meet our new kindergarten class! A child is eligible for admission to kindergarten if he/she has attained the age of five (5) years by the first scheduled day of the school term for students (August 28, 2017) and successfully completes the district's kindergarten screening process (School Board Policy # 201).

Kindergarten registration packets are available for parents and/or guardians at any Bangor Area School District elementary school (Five Points, Washington, or DeFranco). Parents and/or guardians may pick up a packet at any elementary school or at the administration building. Please contact either elementary school if you would like a registration packet mailed. Packets will also be available for download from our BASD web page www.bangorslaters.org. In order to receive a scheduled screening appointment, the completed registration packet and mandatory documents need be returned to Mrs. O'Brien at Washington or Mrs. Kelton at Five Points as soon as possible, but no later than March 17th.

As part of the registration process, parents must present copies of their child's state-issued birth certificate, proof of residency and clearly documented copies of physician or clinic record of the following immunizations:

- 4 doses of Tetanus and Diphtheria (DTP, DtaP, DT or Td - 1 dose after the 4th birthday).
- 3 doses of Polio (OPV, E-IPV).
- 2 doses of Measles, Mumps and Rubella (MMR) (1st dose after 1st birthday)
- 3 doses of Hepatitis B (Hep B)
- 2 doses of Varicella Vaccine or written statement from parent or physician that the child has had Chicken-Pox

In order to determine school building assignment, parents will be asked to inform the school district where their child will be picked up for school and where he/she will be dropped off.

Upon completion and return of the registration packet, parents/and or guardians will be given a date and time for a screening appointment. Kindergarten screenings for the 2017-2018 school year will occur between

March 27th - March 30th at Washington Elementary and Five Points Elementary Schools. All screenings will be by appointment only. An adult must accompany the child(ren) for the screening appointment. Our kindergarten staff is so eager to meet and work with the incoming kindergarten students during these appointments!

In order to make the transition to kindergarten as organized as possible, timely registration is vital. We look forward to seeing all of our upcoming kindergarten parents starting February 1, 2017 as they begin to register their children for kindergarten! Together, we can make the transition to kindergarten a positive experience for our incoming kindergarten students!

Portland Girl Scout Troop Seeks New Members

The Portland Girl Scout Troop is seeking interested girls in grades 4th thru 8th that would like to join their troop. The troop members are Juniors and Cadets. If you have a daughter that is younger than 4th grade you may contact the troop leader for more information. Meetings are held at the Portland Borough Hall located at 206 Division Street. Please contact the troop leader Pam at 484-764-2046 or email pamelabossert88@gmail.com for more information.



Disney
BEAUTY AND THE BEAST
The Most Beautiful Love Story Ever Told
BANGOR AREA HIGH SCHOOL
FRIDAY
MARCH 31st at 7:30 pm
SATURDAY
MARCH 6th at 10:00 the 13:00pm
SUNDAY
MARCH 5th at 10:00 pm
2017

photos by Sabrina Schantzen



Bangor Middle School Talent Show

Photos by Sabrina Schantzen



Shannon Lousko, Singing and playing Ukele

The Bangor Middle School hosted a Talent Show on Friday, February 4th. Students at the middle school showcased their talents by singing, dancing, juggling, playing piano and ukulele to the delight of the audience.



Maggie Weaver, Dancing



Phoebe Dowling, Singing



Zoe Silver, singing and playing piano



Mandy Voorhees, played piano and danced to Disney's "Let It Go"



Brian Burton, Juggling

Bangor High School Winter Carnival

Photos by Sabrina Schantzen

Bangor High School held their annual Winter Carnival on February 24th



Honor Society LtoR: Andre Baadsvik, Nicola Kaye, GG Murgja. 2nd row: Saber Singleton, Reece Jones, Jacob Catino, Tatum Strohe



Emily Mulitsch (senior) paints Martina Sell (junior)



Brianna Kale and Marino Bubba



Junior Class Cabinet booth Khloe Overfield, and junior, Emily Kolankiewicz



Victoria Stinson (4th grade) Brad Madden (yearbook advisor)



Pie in the face-Peyton Honszer throws a pie at Paige Territte, (10th grade), to her right is Katrien Poels, (11th grade)



You don't need the luck of the Irish to find GREAT DEALS at these businesses..

ON THE SPOT DRY CLEANERS
CELEBRATING OUR 12TH ANNIVERSARY
ANNIVERSARY SPECIALS:
10% off All Dry Cleaning
 (20% off Dry Cleaning New Customers Only)
MUST PRESENT COUPON; VALID THRU 3/31/17
 229 S ROBINSON AVE, PEN ARGYL, PA
 PHONE: (610) 863-5246

Join us for
 St. Patrick's Day 
 Sheperd's Pie
 Poached Salmon
 Corned Beef and Cabbage
 Fish and Chips
 \$3 Guinness
 St Patty's Day, Friday, March 17th 6-9 PM
 Featuring the Dulcimer Duo Liz & Kim
 Hours: Wed.-Thurs. 8am - 9pm
 Fri & Sat. 8:30am-9:30pm; Sun. 9am-1pm
 415 Johnsonville Rd, Bangor, PA
 (610) 428-4652

ENCORE
 Resale Shop
CLEARANCE 75% OFF
SELECT ITEMS!
 SPRING CLOTHING & ACCESSORIES,
 PROM DRESSES, EASTER OUTFITS
 NEW & GENTLY USED CLOTHING, SHOES
 AND ACCESSORIES FOR INFANTS, CHILDREN,
 TEENS AND LADIES & MEN.
 VISIT US ON FACEBOOK @VISITENCORE 
 Olympic Shopping Plaza, 2531 N Delaware Drive
 Mount Bethel, PA • Call (570) 230-7889

 367 Blue Valley Dr.
 Bangor,
 (610) 588-BEER
 (2337)
**Now Selling 6 packs
 and 12 packs!**


Expressions Thru Glass
 St. Patty's Stained Glass and
 Decor. New spring Florals
 and Decor arriving!

 2242 Ridge Road, Bangor PA • 610-588-1490
 Hours; Tues.-Sat 10am-5pm
 www.expressionsthruglass.com 


610-881-4261
 21 S. Broadway | Wind Gap, PA
 Check out our
 Facebook page for
 St. Patty's Week
 Specials & Desserts!
 facebook.com/cateonbroadwaywindgap

DUKE'S
SPORTING GOODS
**TEAM SPORTING EQUIPMENT
 AND UNIFORMS**
 Work and Occupational Wear, Screen Printing
 & Embroidery Services, Digital Color Printing,
 Banners, Decals and WALL Bangerz, Wall Posters
MARCH SPECIAL
**SALE ON ALL IN STOCK AND
 SPECIAL ORDERS BASEBALL AND
 SOFTBALL EQUIPMENT**
 Sale thru 3/31/17
 22 Broadway, Bangor, PA • 610-588-8461



FRIENDS & FAMILY EVENT

Sunday, March 12 - Tuesday, March 14

Sears Appliance & Hardware

3762 Easton Nazareth Highway, Easton, PA 18045

UP TO 20% OFFAppliances and Power Lawn and Garden with an extra **15% off** on appliancesand an extra **10% off** in Lawn and Garden.**10% off ALMOST EVERYTHING ELSE***

Hours: Sunday 9am - 9pm Monday & Tuesday 8am - 9pm

www.searshardwarestores.com

◀ YOU STORE IT • YOU LOCK IT • YOU KEEP THE KEY ▶

249 SOUTH BROADWAY WIND GAP
BEHIND SQUARE ONE**INN TOWN STORAGE**
24 HOUR SECURITY
PERSONAL & COMMERCIAL INDOOR SELF STORAGE

610-863-9806

GREAT RATES

- ◀ VARIOUS SIZES AVAILABLE
- ◀ CONTROLLED ACCESS
- ◀ RENT BY MONTH
- ◀ INSIDE LIGHTS

OFFICE HOURS • MONDAY - THURSDAY 9 AM - 4 PM • FRIDAY & SATURDAY BY APPOINTMENT

3 Ways Soapstone Enhances Home Design

(Family Features) Move over, marble and granite. There's a new, old stone that's coming back into vogue. After first coming into use 5,000 years ago, soapstone is once again becoming a "go-to" material for kitchen and bath designs, indoor and outdoor living

spaces and more.

There are three primary reasons for the revived interest in soapstone, according to Steven Schrenk, digital media director and design consultant at Polycor, who has been working with natural stone for 22 years.

Aesthetics: One major factor driving soapstone's appeal is shifting aesthetic trends. While designers and homeowners have been fascinated by the bright, wide range of colors and bold patterns that could be discovered in natural stone, people are coming back to a tonal, more muted palette, according to Schrenk.

Schrenk sees more designers working with textures within a similar palette of color and playing up the tactile qualities of materials and patterns within that limited palette.

"This is where soapstone plays well in pairing with these different finishes," he said. "It tends to blend into its space and become more integrated in the whole design instead of being a separate, individual entity."

Another aesthetic benefit of soapstone is that multiple tonalities can be achieved depending on the finishing techniques.

"It may be a cool, blue-gray color when left in its natural honed state or a deep, sultry black when waxed or enhanced," Schrenk said. "You

Field's Service Inc.



Service is Our Middle Name

Providing Superior Products and Service since 1956! You have our guarantee we stand behind our workmanship and our service!

(610) 759-6306**5632 Sullivan Trail Easton, PA 18040**

"Service is our middle name"
Our Services Include:

Heating & Cooling**Insulation****Expert Spray Foam Insulation****Whole House Comfort Checkup**website is www.FieldsService.comLike us on Facebook! facebook page is www.facebook.com/GoFSI**HOURS**

Monday, Tuesday,
Wednesday
& Friday:
9 am to 5 pm
Thursday:
9 am to 8 pm
Saturday:
9 am to 2 pm

Proprietors:
Lowell & Cheryl Grubb509 William Street
Pen Argyl, PA

Slate Belt
Floor & Wall Covering, Inc.
610-863-5741 over 43 Years Experience

- Carpet • Braided Rugs • Linoleum • Vinyl Tile •
- Ceramic Tile • Slate and Quarry Tile • Hardwood Floors
- Laminate Flooring • Custom Window Shades and Blinds •

The World's Most Luxuriously Soft Carpet
Custom Installation • Shop at Home Service

can go from a highly figured, dramatic statement piece to a minimal and moody silky surface in the slabs that are neutral without veining."

Function: When it comes to home design, there's no doubt that appearance is key, but so is a material's ability to stand up to its task. Soapstone is nonporous, so it doesn't stain.

It's softer than granite and marble, dense and heavy, but not brittle. It doesn't chip easily, but if it does chip, it can be repaired with sandpaper. Those high-performance features make soapstone well-suited to serve numerous functions.

Versatility: "No matter how you slice it, there are 101 ways to style soapstone; whereas with some other materials, there are more limitations," Schrenk said.

Because of the stone's ability to absorb and radiate heat, it can be used for unique items, such as pizza ovens and foot warmers, says Glenn Bowman, owner of Vermont Soapstone. He has also seen soapstone used in a variety of everyday applications, both indoors and outdoors, including tiles, flooring, backsplashes, sinks and a variety of custom stonework.

For more information about using soapstone or other natural stones for your next home renovation project, visit usenaturalstone.com.

Main image (kitchen) courtesy of Polycor, Secondary image (sink) courtesy of Vermont Soapstone, #13550 Source: Building Stone Institute



Palmeri Water Company



... just add water

CERTIFIED BY THE D.E.P. • POOLS - NEW OR EXISTING

HOT TUBS • CISTERNS • PONDS

3,150 and 5,500 Gallon Tankers

QUICK DELIVERY • FREE ESTIMATES • FULLY INSURED

40+ Years of service to our customers



WWW.PALMERIGROUP.COM

Call us today!

610-252-0526

6887 SOUTH DELAWARE DRIVE MARTINS CREEK, PA

Contractors

Make Sure
You're Covered



Contractor owners have special insurance needs.

With Erie Insurance, you get competitive pricing and comprehensive coverage (plus lots of extras) to protect all the effort and money you've invested in your business.

Make sure you're covered. Contact us today.

Sabatino Insurance Agency Inc

17 S Robinson Ave
Pen Argyl, PA 18072-1765
www.sabatinoagency.com
610-863-6033



Erie
Insurance®

S1400 Not all companies are licensed or operate in all states. Not all products are offered in all states. Go to erieinsurance.com for company licensure and territory information.

Nana's Oasis

POOL SUPPLY, LLC

Sales & Service
Chemicals
Accessories
Pool Heaters

Wood Stoves
Pellet Stoves
Gas Fireplaces



6690 Sullivan Trail
Wind Gap, PA 18091



www.nanaoasis.com
610-365-8967

Spring is on its Way!

**Landscapers, Contractors, Painters,
Plumbers, Electricians**

Reach NEW customers in the **The Belt and
Beyond** Home and Garden section
Advertising to Fit Every Budget!

**Call 610-704-6818 or email
thebeltandbeyond@gmail.com for more information**



*Spring Forward
Daylight Savings
Time Starts
Sunday, March 12th
at 2:00 am*

Magda Family Dental, LLC

You Don't Need the Luck of the Irish to Have a Great Smile



Now Accepting New Patients
Children Age 3 - Adult

New Location 323 Blue Valley Drive, Bangor, PA
(located at the Rt 512 Plaza, next to Dr. Tinsley)

Magda Family Dental, LLC

HOURS: Monday 8 AM-5 PM • Wednesday 10 AM-7 PM
Thursday 9:30 AM-6:45 PM • New Saturday Hours by Appointment
www.MagdaFamilyDental.com

*"A good laugh and
a long sleep are the
best cures in the doctor's book."*

- Irish Proverb



Give us an hour.
We'll give you a better chance
to beat heart disease.

March is Colorectal Cancer Awareness Month Raise a Glass... or Several: Preparing for a Colonoscopy

Turning 50 brings some fantastic benefits. AARP will mail you a shiny new membership card. Then your primary care physician will tell you it's time for a shingles shot, mammogram and, drum roll please, a colonoscopy.

The word alone can make people shiver. And then there's the preparation. The amount and taste of the cleansing solution you drink the day before are the stuff of urban legend. With all that to look forward to, it's no wonder people put off having a colonoscopy.

But they shouldn't. According to the American Cancer Society, 1 in 20 people will develop colon cancer. The U.S. Centers for Disease Control estimates that 60 percent colorectal cancer deaths could be prevented.

And some fairly common factors can increase your risk for colon cancer, like smoking, obesity, alcohol use and an inactive lifestyle.

So if you have been putting off your colonoscopy, here's what you can do to make the preparation safer and more bearable.

FOLLOW DIRECTIONS

The day before the procedure, you will not eat solid foods. Instead you will drink "clear" liquids. Clear in this case means water, broth, soda, coffee, tea, some juices, popsicles and even Jell-O. Just avoid red dyes.

AVOID CERTAIN CLEANSING METHODS

According to gastroenterologist Lindsey Van der Veer, MD, a member of the medical staff at Easton Hospital, some cleansing methods can cause other problems.

"Even as patients consume large amounts of liquid during preparation, they can become dehydrated," he says. "Our goal is to keep patients hydrated and maintain a healthy electrolyte balance."

ASK FOR OPTIONS

There are three preparations that Van der Veer offers.

"Patients shouldn't think there is just one option," he says. "Their gastroenterologist just needs to get creative and offer other preparations."

Balanced Electrolyte Solutions: Products like NuLyte, CoLyte or TriLyte are the most common options. You drink four liters on the evening before the procedure — one glass every 15-20 minutes. Using a straw can help with the taste.

"The amount can be a deterrent to patients," says Van der Veer. "But they will stay hydrated, maintain electrolytes and avoid kidney issues."

Suprep: You get to drink less with this option. Instead of four liters, patients drink six ounces mixed with 10 ounces of water. They then follow it with two more 16-ounce glasses of water. They repeat this process twice.

"While there is less to drink, the taste is much sweeter," he says.

Miralax: While this option is not approved by the FDA, it is commonly used. Patients mix Miralax with 64-ounces of a clear liquid like ginger ale or Gatorade and then drink a glass every 15 minutes until the container is empty.

"Patients like that they can drink less and mix it with various liquids," he says.

"But the lack of FDA approval can dissuade some individuals."

Regardless of the preparation you decide on, one of these options should help make preparing for a colonoscopy less dreadful. Once you pick the best option for you, it's time to fill your glass and toast your new life as a 50-year-old. Bottoms up!



If you have a family history of heart disease, are overweight, are older than 35, and are a past or current smoker, don't take a chance. Make an appointment for a heart screening at Easton Hospital that can provide a more detailed look at your heart health and prompt early, lifesaving detection. The service only takes about an hour and costs just \$49, but it could mean the difference between being a statistic or being a survivor.

Learn more at EastonScreen.com.

SCHEDULE YOUR 60-MINUTE HEART SCREENING NOW.

CALL 610-250-4717.



Nationally Accredited Chest Pain Center



RUFFLY PURR'FECTION DOG GROOMING
PROFESSIONAL DOG GROOMERS, LAURIE AND ROBIN
"Pampering your Pets for 26 years"
Grooming All Breeds • Big or Small
Hair Cuts, Bathing, Brush Outs, De-shedding, Specialty Baths, Ear Cleaning, Nails, Glands and more. NO Tranquilizers Used

MARCH SPECIAL
10% OFF ALL GROOMING
 WITH THIS AD THRU 3/31/17
 HOURS BY APPOINTMENT: MONDAY-SATURDAY

610-599-0454 **436 S. First Street, Bangor PA**

VISA MasterCard

Springtime Safety Tips

Spring has sprung, and with the change of season, our thoughts turn to Easter celebrations, spring cleaning and much-needed home improvement projects. Before you embark on seasonal chores or outdoor revelry, take inventory of potential springtime hazards for your furry friends.

*If you suspect your pet may have come in contact with or ingested a potentially poisonous substance, contact your local veterinarian or the ASPCA Animal Poison Control Center immediately at (888) 426-4435.

Easter Treats and Decorations

Keep lilies and candy in check—chocolate goodies are toxic to cats and dogs, and all true lilies can be fatal if ingested by cats. And be mindful, kitties love to nibble on colorful plastic grass, which can lead to an obstructed digestive tract, severe vomiting, and dehydration. Moreover, while live bunnies, chicks, and other festive animals are adorable, resist the urge to buy them—these cute babies grow up fast and often require specialized care!

Screen Yourself - Many pet parents welcome the breezy days of spring by opening their windows. Unfortunately, they also unknowingly put their pets at risk—especially cats, who are apt to jump or fall through unsecured windows. Be sure to install snug and sturdy screens in all of your windows.

Buckle Up! - While most dogs love to feel the wind on their furry faces, allowing them to ride in the beds of pick-up trucks or stick their heads out of moving-car windows is dangerous. Flying debris and insects can cause inner ear or eye injuries and lung infections, and abrupt stops or turns can cause major injury, or worse! Pets riding in cars should always be secured in a crate or wearing a seatbelt harness designed especially for them.

Spring Cleaning - Spring cleaning is a time-honored tradition in many households, but be sure to keep all cleaners and chemicals out of your pets' way! Almost all cleaning products, even all natural ones, contain chemicals that may be harmful to pets. The key to using them safely is to read and follow label directions for proper use and storage. Please visit our Poisonous Household Products page for more information.

Home Improvement 101 - Products such as paints, mineral spirits and solvents can be toxic to your pets and cause severe irritation or chemical burns. Carefully read all labels to see if the product is safe to use around your furry friends. Also, be cautious of physical hazards, including nails, staples, insulation, blades and power tools. It may be wise to confine your dog or cat to a designated pet-friendly room during home improvement projects.

Let Your Garden Grow—With Care - Pet parents, take care—fertilizers, insecticides and herbicides keep our plants and lawns healthy and green, but their ingredients may be dangerous if your pet ingests them. Always store these products in out-of-the-way places and follow label instructions carefully. Many popular springtime plants—including rhododendron and azaleas—are also highly toxic to pets and can prove fatal if eaten. Check out our full list—of toxic and non-toxic plants for your home and garden.

Ah-Ah-Achoo! - Like us, pets can be allergic to foods, dust, plants and pollens. Allergic reactions in dogs and cats can cause itching, minor sniffing and sneezing, or life-threatening anaphylactic shock to insect bites and stings. If you suspect your pet has a springtime allergy, please visit your veterinarian as soon as possible.

Pesky Little Critters - April showers bring May flowers—and an onslaught of bugs! Make sure your pet is on year-round heartworm preventive medication, as well as a flea and tick control program. Ask your doctor to recommend a plan designed specifically for your pet. Please visit our Fleas and Ticks page for more information.

Warmer weather means more trips to the park, longer walks and more chances for your pet to wander off! Make sure your dog or cat has a microchip for identification and wears a tag imprinted with your home address, cell phone and any other relevant contact information.

Source: ASPCA

Front Line Gold as Good as a Pot of Gold

* Ask about our FREE tube offer



www.leckvet.com



Leck Veterinary 610-863-3111

ADOPT ME - GIMPY



GIMPY says "Don't let my name fool you. I'm ready to dance my way into your heart." Sweet Gimpy was brought to the shelter at the ripe old age of 12, through no fault of his own. Despite his name there's nothing lame about this fun-loving kitty.

He spends his days climbing, jumping and playing in the free-roaming cat room, content to reside with 7 or 8 of his closest kitty friends. Gimpy would do great in a home with other cats, especially if they are calm and settled like he is. Handsome Gimpy is 12 years young, neutered, fully vaccinated and ready to fill your home with joy. Come meet Gimpy today!

ADOPT ME - RUSTY

RUSTY says "If you see life as an adventure, then I'm your guy!" Rusty's friends call him Rusty Roo Roo. And boy does he have friends! Everyone who meets Rusty falls in love with this sweet boy. Poor guy was brought to the shelter due to an illness in his family. They wanted to see Rusty in a home where he would get the exercise, love and attention he deserves. Will do!



A typical Jack Russell terrier, Rusty has lots of energy and loves to go on adventures with you. But the most amazing thing about Rusty is he loves everyone: kids, cats, other dogs, you name it, Rusty is all about making new friends. Baby boy is 4 years old, neutered, up to date on vaccinations, microchipped and ready for a fresh start. What's not to love? Come meet Rusty Roo Roo today!

The AWSOM Animal Shelter is located at 3129 Godfrey Ridge Drive, Stroudsburg, PA 18360. Adoptions hours are 11AM to 4PM, 7 days a week. Volunteer opportunities are always available.

Stop in or call 570-421-DOGS for more information.

The AWSOM Animal Wellness Center is open Monday thru Friday for all your basic veterinary needs. Check out our low-cost veterinary services, including spay and neutering, vaccinations, dental care and more.

Call 570-424-1060 for more information or to make an appointment. Visit our website at AwsomAnimals.org Facebook: A.W.S.O.M.

THE OLD MILL

FAMILY RESTAURANT

SPECIALS
STUFFED TROUT,
FRIED CALAMARI,
BROILED SEAFOOD PLATTER,
NY STRIP STEAK

Hours: Wednesday-Saturday 11AM-8PM • Sunday 8AM-5PM
(Breakfast served 8AM-1PM Sunday only) • Closed Monday & Tuesday

103 S Robinson Ave
Pen Argyl, PA
(610) 863-1918
www.oldmillpa.com

**MAKE YOUR RESERVATIONS
FOR ST. PATRICK'S DAY**

Daily Lunch and
Dinner Specials



Mivajo's Pizza

\$5.00 off

with \$30.00 Purchase

Dine in only exp. 6/30/17
Not Valid with other Specials
Must present this ad

394 N Broad Street Ext
Nazareth, PA 18064

610-759-0760

Coupon

Emmy Lou's
ICE CREAM CAFE

492 E Main St, Pen Argyl, PA
610-863-5610

NEW LUNCH & DINNER MENU!

Steak Sandwiches, Burgers, Hot Dogs,
Salads, Tacos, Quesadillas, Sandwiches.

Breakfast Every Day

EAT-IN or TAKEOUT

Open 7 Days 8:00 a.m.-8:00 p.m.



THE GAP DINER

1041 South Broadway Wind Gap, PA • 610-863-4342

**ST. PATRICK'S DAY
SPECIAL: \$11.25^{+tax}**

Available Friday, March 17th

Corned Beef or Ham & Cabbage,
Carrots, Boiled Potatoes
includes soup or salad and pudding

Regular Menu Available • 10% Senior Citizen Discount



• OPEN 24 HOURS • Gift Certificates Available

**Now Taking Orders for
St Patty's Day
Smoked Corned Beef and Cabbage**



LENTEN SPECIALS

Now taking Orders for Easter Hams

Final Orders for Double Smoked

Hams for Easter is Friday, April 7th.

Pick up for Hams Saturday, April 15th

Check out our website for Specials

Hours:

Thursday, Friday, Saturday

Open 11:00 AM-7:00 PM

Sunday 12:00 PM-6:00 PM

Closed Monday, Tuesday,

Wednesday

 Like Us on Facebook

1004 Washington Blvd Bangor

www.littlecreekbarbcueco.com **610-588-3831**



Hello Belt and Beyond Readers....

Hello, my name is Alyssa McGarry if you did not see my column in last month's print. I help operate Cafe on Broadway with my mom Joyce and share my passion of baking along with the normal restaurant business. I have started a blog which has been a blessing in disguise and also an extra task to take on! So I hope to share some great little recipes and tips to encourage you to subscribe

to my blog at www.theloveatfirstbite.com. Hard to believe it's already March, spring is around the corner along with St. Patty's Day! Spring means fruit season is upon us with some nice warm weather to bite into some delicious desserts. Desserts have evolved for almost every holiday there is and St. Patty's Day is one of them from traditional Irish soda bread to chocolate mint brownies. If you're Irish I am sure your family has their own secret recipes for Irish soda bread so I'll share my mint brownie recipe with you and my Irish soda bread recipe will be posted on my blog! Brownies are surprisingly tricky, to get that perfect chocolatey moist but not too rich bite all into one but no need to worry I have the perfect recipe!

Chocolate Mint Brownies: 8x8 pan baked at 350 degrees

- 6 tablespoons butter
- 6 oz bittersweet chocolate, chopped
- 1 cup sugar
- 1/4 tsp salt
- 1 tsp vanilla extract
- 2 eggs
- 1/4 cup flour

Melt the butter and chocolate in the microwave, stirring in 30 second increments until smooth. In a bowl, combine the melted mixture with the sugar and salt slowly whisking in the eggs & vanilla. Once combined, add the flour until glossy. Pour the batter into a greased 8x8 pan and bake for 25 mins. While the brownies are baking, in a bowl mix together 1 cup powdered sugar, 1/2 stick melted butter, 1 tbsp milk, 3/4 tsp mint extract, and a dash of green food coloring. Drizzle over the cooled brownies & Enjoy!



**105 BROADWAY
BANGOR, PA 18013
610-588-6989**

GIFT CERTIFICATES
AVAILABLE

OPEN 7 DAYS 11 AM TO 10 PM

2 LARGE CHEESE PIES \$18.99 + TAX

**EVERYDAY
LUNCH SPECIAL
11 AM TO 3 PM**

**2 SLICES WITH
16 OZ SODA
\$4.50 + TAX**

WRAPS & WINGS



EAT IN OR
TAKE OUT

Mt. Bethel Diner

Join us on
St. Patrick's Day
Corned Beef & Cabbage,
Shepherd's Pie & Roast Lamb
includes soup or salad
***Regular Menu Available**

2600 N. Delaware Drive, Mt Bethel, PA • 570-897-6409 Open 7 Days 6am-10pm



Giordano's
Italian Restaurant and Pizza House
"OUR CRUST IS A MUST"

Lunch Specials
Try our Soup!

Catering Available

313 W. Pennsylvania Ave
Pen Argyl, PA 18072
610.863.7109 • 610.863.9554

PIZZA SPECIALS

Monday- Thursday
16" Medium Pizza
\$7.99 + tax w/1 FREE topping

AVAILABLE EVERY DAY
2 XLARGE 18" PIZZAS
1 TOPPING 1 PIZZA **\$22.99 + TAX**

HOURS: SUN.-THURS. 11 AM-10 PM, FRI. & SAT. 11 AM-11 PM



Broadway Pub
62 Broadway, Bangor, Pa.
610-452-9226

First and Third Tuesday Open Mic Night
Hosted by Len Mooney 7:00 pm

Every Friday Night Live Music 9 pm- Midnight
March 10th Len Mooney
March 17th Uncle Smiley
March 24th TBA
March 31st Steve Harman

Happy Hour Monday-Friday 4-6 pm
\$1 Domestic Mugs, \$6 Martini's, \$3 House Wines
\$4 Select Appetizers

Every Sunday All U Can Eat Wings

Join us for St Patrick's Day
Live Entertainment, Green Beer and Food Specials!



Join us on Saint Patrick's Day!
FOR CORNED BEEF & CABBAGE
AND REUBEN SANDWICHES \$10.95 + tax
Full menu available • Serving Breakfast-Lunch-Dinner
• OPEN 7 DAYS: 6 AM TO 8 PM •

PLAINFIELD FAMILY DINER
6221 Sullivan Trail
Nazareth, PA
610-614-1112

BLUE VALLEY DINER
370 Blue Valley Drive
Bangor, PA
610-599-0880

American Irish Stew

Reprinted with permission from
the American Institute for Cancer
Research
Servings: 6



Photo courtesy of Getty Images

- 1 tablespoon extra-virgin olive oil
- 1 1/4 pounds beef, top round, cut into 3/4-inch pieces
- 3 cloves garlic, minced
salt, to taste
pepper, to taste
- 1 medium onion, coarsely chopped
- 3 medium carrots, peeled and cut into 3/4-inch pieces
- 2 medium parsnips, cut into large chunks (optional)
- 3 cups low-fat, reduced-sodium beef broth
- 4 medium russet potatoes, peeled and cut into large chunks
- 1 tablespoon chopped fresh rosemary
- 1 leek, coarsely chopped
- 2 tablespoons chopped fresh parsley

In large pot over medium-high heat, heat oil. Add beef and garlic. Cook, gently stirring until meat is evenly browned. Season with salt and pepper.

Add onion, carrots, and parsnips. Cook 3-4 minutes. Stir in broth and bring to a boil. Reduce heat to low and simmer about 75 minutes, or until meat is tender.

Stir in potatoes and simmer another 30 minutes. Add rosemary and leeks. Continue to simmer, uncovered, until potatoes are tender. To avoid potatoes falling apart, do not overcook.

Serve hot and garnish with parsley, if desired.

Nutritional information per serving: 370 calories, 8 g total fat (2 g saturated fat), 43 g carbohydrate, 32 g protein, 6 g dietary fiber, 427 mg sodium.

Festive Fun for St. Patrick's Day

(Family Features) Turn your St. Patrick's Day celebration into a chance to enjoy Irish heritage with hearty foods and a lively atmosphere. When it's the one day each year it's acceptable to pinch non-conforming friends and family, it'd be a shame not to go all out.

These few simple tips can help you put together the perfect party to revel in all things green – and tasty.

Decorate with purpose. Everyone knows that green is the color of the day, but go one step further by incorporating it into different items. Banners and streamers work fine, but setting out green candles or even adorning your light fixtures with green bulbs can help you take an extra step forward.

Create active fun. Instead of limiting your guests to dining and conversation, plan some simple activities to help the fun flow. Games like a "treasure hunt" for gold coins, limerick-writing competitions or even just turning up Irish-themed music can help get the party started.

Eat festively. Turn your party's food and drinks into true Irish dining with some delicious recipes like this American Irish Stew, which includes beef, onion, carrots and potatoes for a tasty cultural meal to fill all of your hungry guests.

For more hosting tips and the perfect themed recipes for any occasion, visit culinary.net.

Continuing the
Tradition of
Excellence

Gaffney Parsons

FAMILY FUNERAL HOMES

www.gaffneyparsons.com

TRADITIONAL,
MEMORIAL,
CREMATION AND
PRENEED SERVICES

James B. Gaffney
Funeral Home
Curtis L. Parsons,
Supervisor

610-863-6152
200 South Robinson Avenue,
Pen Argyl, PA 18072

Gaffney Parsons
Funeral Home &
Cremation Services, Inc.
Kelly Gaffney Parsons,
Supervisor

610-588-2128
4 Lillian Lane
(Village of Johnsonville),
Bangor, PA 18013

James B. Gaffney
Funeral Home
Donna L. Gaffney,
Supervisor

610-588-4522
314 South First Street,
Bangor, PA 18013



*Keeping You in Your Home
With Independence & Dignity*

591 N. Nottle Ave. Pen Argyl, PA

Phone: 610-863-5432

Call: 610-390-9875

www.kindheartedhands.com

SERVICES OFFERED

Companionship • Respite Care • Meal Preparation
Cleaning • Grocery Shopping and more



*Providing Non-Medical Care for Seniors,
New Mothers and those with Special Needs*



We offer a few hours a day or 24/7 days a week if needed

Keep these friends in YOUR THOUGHTS AND PRAYERS Pray for our Nation, Lucas Fox & Tina Due

If you would like to add a name of a loved one, friend or neighbor to
the prayer list please send their name to:

The Belt and Beyond P. O. Box 33 Bangor PA. 18013

Attn: Prayer list or email us at thebeltandbeyond@gmail.com

Subject: Prayer List

Senior Center Listings

Slate Belt Senior Center

707 American Bangor Road, Bangor, PA
(Blue Valley Farm Show Building)
610-588-1224 • Hours: 8:00 AM - 4:00 PM

Easton Area Lifestyle Campus

3201 Sullivan Trail, Easton, PA
610-829-3201 • Hours: 8:00 AM - 4:00 PM

Nazareth: The Border House

15 South Wood Street, Nazareth, PA.
610-759-8255 • Hours: 8:30 AM - 1:30 PM

Sen. Scavello, LV Health Network to Host A1C Screening at District Office

State Senator Mario Scavello will continue his Healthy Living Series in partnership with Lehigh Valley Health Network to offer a free A1C Diabetes Screening at his Pen Argyl District Office on Tuesday, March 14th from 10:00 am to 2:00 pm (2 N. Robinson Avenue, Pen Argyl).

The A1C test is a blood test that provides information about a person's average levels of blood glucose, also called blood sugar, over the past three months. The A1C test is sometimes called the hemoglobin A1c, HbA1c, or glycol hemoglobin test. The A1C test is the primary test used for diabetes management and diabetes research.

To schedule a free appointment, please call Senator Scavello's office at 610-863-1200.

State Senator Mario Scavello represents the 40th Senatorial District, which includes portions of Monroe and Northampton Counties. To find out more information regarding this event or any state-related issue, please visit www.marioscavello.com or email mscavello@pasen.gov.

Easton Area Lifestyle Campus

3201 Sullivan Trail, Easton, 610-829-3201. Hours 8:00-4:00 Monday thru Friday. **For meal reservation please call by 10:00 am, one day prior before the meal.**

Mondays: Happy Hookers & Knit Wits 10:00

Fit w/Darla 10:00

Bingo 12:30

Tuesdays: AARP Tax Preparations 9:00-12:00

Moravian College Nursing Students 9:00-12:00

Crafts Etc. 1:00

Wednesdays: Bible Study 10:00

LCR 10:00

Sit-n-sew 1:00

Thursday: Art & Stuff w/Sandy 10:00

Wii Bowling or Zingers & Ringers 12:30

Friday: League Shuffleboard 10:00

Bingo 12:30

MARCH SPECIAL ACTIVITIES:

Oreo Cookie Day, Monday, March 6th

Leprechaun Race, Wednesday, March 15th

St Patty's Day Sing-a-long, Thursday, March 16th

St Patty's Day Party & Meal, Friday, March 17th

Sandy, Andy & Friends (Ventriloquist)

Council Meeting, Thursday, March 23rd

Art Demo w/Pam, Thursday, March 30

Warning: Playing Bingo may make you Ugly!

Nazareth Senior Center

15 South Wood Street, Nazareth, PA, 18064. Director: Stacy Walsh
Call 610-759-8255 by **11 am day prior for meal reservations. We are looking for volunteers to help plan/set up for parties & special events.**

Fun & Games - Mondays, 10:00am

Penny Card Bingo - Everyday 8:30am

Bonus Bingo - Tuesdays and Fridays, 10:00am

Penny Bingo - Wednesday, 10:00am

Moravian College Student Nurses, Thursdays, 9:00pm

Salvation Army Pen Argyl - Community Lunch Program

Tuesday, Wednesday and Thursday from 12:00pm-1:00pm
Community Lunch Program, Thursdays after lunch senior program.
Food pantry first 4 Tuesdays of the month from 10am-12pm.

Slate Belt Senior Center

Blue Valley Farm Show Complex, 707 American Bangor Road, Bangor Ph 610-588-1224. Hours: 8:00am-4:00pm. For Meal Reservations please call by **10:00am, 1 day prior before the meal. Lunch is served at 11:30am. We are looking for volunteers to help plan/set up for parties & special events.**

Morning Stretch, Monday's, Thursdays and Fridays, 9:30am

Crafts & Chat, Tuesdays, 9:00am

Zumba Gold, Tuesdays, 10:00am

Exercise Class, Wednesdays 10:00am

Brush Away with Senior Artists, Wednesdays, 8:00-11:00am

Crafts with Bev, Thursday, March 23, 10:00 A.M.

Afternoon with the Arts, Thursdays, March 9,23,30, 12:15pm

Tax Preparation by AARP, Fridays, 8:00 A.M.-2:00pm.

(MUST call 484-541-0198 for appointment)

Pool Tables are available every morning & Tuesday, Thursday and Friday afternoons

Library, TV, and Computers available Friday afternoons

MARCH EVENTS

Chess, Thursday, March 9, 12:15pm

MUSIC WITH JIM HUMMEL, Friday, March 10, 12:30-2:30pm

AARP Meeting, Monday, March 13, 1:30pm

Irish Games Day, Thursday, March 16, 10:00am

Shamrock and Green Bingo, Friday, March 17, 12:15pm

Quoits, Tuesday, March 21, 12:15pm

Council Meeting, March 23, 9:00am

Center Events Meeting, Thursday, March 23, 12:15pm

Baseball, Friday, March 24, 10:00am.

Spring Painting, Tuesday, March 28, 1:00-3:00pm

Chess, Thursday, March 30, 12:15pm

Tickets Available for

Ellen Goodman's Littner Series Lecture

Pulitzer Prize-winning columnist Ellen Goodman will present "The Most Important Conversation American Isn't Having" at the seventh annual Dr. and Mrs. Max Littner Memorial Lecture Series for Bereavement, co-sponsored by St. Luke's University Health Network. The lecture is scheduled for **7:30 p.m., April 19th** at the Central Moravian Church, 73 W. Church St., Bethlehem.

Tickets are currently available at www.slhn.org/littnerlectureseries or by calling 1-866-STLUKES (785-8537).

Goodman is the founder of The Conversation Project, a non-profit organization dedicated to helping people talk about their wishes for end-of-life care. The goal of the project is to make conversations about end-of-life care easier, and to make sure that individuals' wishes are expressed and respected. Guests at the lecture will gather the tools needed to start the conversation.

The Dr. and Mrs. Max Littner Memorial Lecture Series for Bereavement was created to raise consciousness for the big issues of life: living meaningfully and well, and sparking necessary conversations with loved ones about issues that are truly matters of life and death. The annual lecture features prominent guests who discuss the importance of mind and body in healing and care, and ways you can cultivate hope, take action and be more responsible for your medical decisions.

AARP Slate Belt Chapter 4135

AARP Slate Belt Chapter 4135 will hold its meeting on **March 13th at 1:30pm** at the Senior Center. The program will be presented by Miss Julia's Dance of Roseto. Anyone who would like to attend is welcome.



Trusted In-Home Care

Bringing compassionate, dependable care, to where you call home.

Programs to Fit Your Needs

Errands, transportation, light house keeping, care, meal preparation, companionship. Bonded and Insured

Homehelpershomecare.com/northlehighvalley

4865 Lehigh Drive, Suite 102, Walnutport, PA 18088
(610) 596-7055

Slate Belt Young at Heart Club

The Slate Belt Young at Heart club will be meeting on Thursday, March 16, 2017, at 1:00pm in the St. Elizabeth Church Hall. The club is working on sponsoring a trip in June. May 18th, will feature Mary Bach who is a consumer advocate who represents especially senior citizens, but also all consumers. Please feel free to stop in and join us. For more information, please call Mary Lou DeRea Lohman at 610-863-4846 or 610-844-4630."

"St. Elizabeth of Hungary parish is sponsoring a trip to the Mohegan Sun Casino in Wilkes-Barre on Thursday, April 13, 2017. The bus will depart from the St. Elizabeth's parking lot by 9:00 am, then proceed to the old St. Joseph's parking lot in WindGap. For trip cost and information, please call Mary Lou DeRea-Lohman at 610-863-4846 or 610-844-4630.

BINGO

March 9 & 16

Polk Township Volunteer Fire Company

Main Fire House Hall, 115 Interchange Rd, Kresgeville

Doors open at **5:00 PM** • Bingo starts at **6:45 PM**

March 10 & 17

Wind Gap Fire Company

Doors open at **5:00 PM** • Bingo starts **6:45 PM**

March 11 & 18

Immaculate Conception

Doors open at **11:00 AM** • Bingo starts at **1:00 PM**

Bangor VFW

Doors open at **3:30 PM** • Bingo starts at **6:00 PM**

March 14 & 21

Portland Hook & Ladder Co. #1

State Street, Portland **7:00 PM**

Klecknersville Rangers Vol. Fire Co.

2718 Mountain View Drive, Moore Township

Doors open at **5:00 PM** • Bingo starts at **7:00 PM**

March 15 & 22

Bushkill Vol Fire Company

Doors open at **5:00 PM** • Bingo starts at **7:00 PM**

ST PATRICK'S DAY AND IRISH TRIVIA

1. How many leaves does a shamrock have?
2. What did St Patrick supposedly chase out of Ireland?
3. What would you pour on top of an Irish coffee?
4. What does the circle at the very center of a Celtic cross represent?
5. In which city is Guinness brewed?
6. Which Irish sport is sometimes confused with the Scottish game of shinty?
7. If you were eating a boxty, what would this be?
8. Which well known drink comes from the Old Middleton Distillery in County Cork?
9. What are the colors of the flag of Ireland?
10. What Irish musical group holds the record for most Grammy Awards won by a group?
11. What does the Irish phrase "Érin go Brách" mean in English?
12. What is the popular phrase used during St. Patrick's Day in the U.S.A.?
13. What is the name of the Irish Gryffindor student in the Harry Potter series?
14. What is the traditional St. Patrick's Day meal?
15. Well know mascot for St. Patrick's Day

See answers bottom right corner

St Patrick's Day Word Search

M	O	W	E	Y	X	E	U	E	L	F	L	T	F	X
S	N	Y	N	I	L	B	U	D	O	B	L	H	V	M
H	D	G	T	D	R	V	R	A	J	S	F	G	A	D
A	J	N	U	A	H	C	E	R	P	E	L	R	L	P
M	S	W	B	M	P	E	V	A	G	K	C	U	L	J
R	A	B	B	R	G	P	O	P	T	H	A	P	O	T
O	I	C	C	G	C	B	L	A	T	Y	D	X	C	T
C	N	N	O	L	N	W	C	J	U	W	M	E	S	I
K	T	L	N	E	M	G	B	L	K	R	O	N	M	T
C	D	P	E	V	P	G	U	I	N	N	E	S	S	X
N	A	R	O	E	N	F	C	K	Y	C	O	S	C	P
C	G	C	W	B	B	S	P	A	T	R	I	C	K	R
V	J	K	Y	B	J	U	I	F	X	C	R	O	S	S
P	W	K	I	D	Q	W	T	A	F	R	M	C	X	X
B	P	F	K	Y	P	P	I	R	I	S	H	Q	F	Q

CLOVER
CROSS
DUBLIN
GOLD

GREEN
GUINNESS
IRISH
LEPRECHAUN

LUCK
MARCH
PARADE
PATRICK

POT
SAINT
SHAMROCK

Whimsy MacKensie

by Robert Martin



Whimsy MacKensie, a good ole' stud
With people all around from Murphy's Pub
Always telling jokes and laughing out loud
Who really knows what they're all about

So full of wit and a gentleman's charm
With ladies hanging onto his lucky arm
Words flying out at an alarming rate
No time to think, just hurry up too late

His come backers were the best they say
Jokes upon jokes as they came his way
But MacKensie last night, he laughed too hard
Rolled out to his grave, he got caught off guard

Now the grave yard rocks from all his jokes
From laughing ghosts and see through blokes
Oh Lordy be, the man is immortal
Along with his jokes, through heaven's portal
Hip, hip hurray for the ghost of MacKensie
Whimsy MacKensie's is at it again
The joint is really rockin' tonight



New in the Bangor Public Library

Adult Fiction - Death of a ghost by M.C. Beaton; The lost girls by Allison Brennan; Power game by Christine Feehan; Chasing shadows by Karen Harper; Christmas in Paris by Anita Hughes; Heartbreak hotel by Jonathan Kellerman; Rainshadow road by Lisa Kleypas; The bad mothers handbook by Kate Long; Christmas in Eternity Springs by Emily March; Humans, bow down by James Patterson; The yellow birds by Kevin Powers; Cast two shadows: the American revolution in the South by Ann Rinaldi.

Adult Non Fiction - Cracking the GRE 2017 by The Princeton Review; Devil at my heels: a heroic Olympians astonishing story of survival as a Japanese POW in World War II by Louis Zamperini.

Young Adult Fiction - Graceling by Kristin Cashore; The edge of everything by Jeff Giles; Wintersong by S. Jae-Jones; Who is AC? by Hope Larson; Second helpings; Sloppy firsts by Megan McCafferty.

Junior Fiction - The case of the counterfeit painting; The case of the missing mom; The case of the stolen space suit by Steven Brezenoff.

Junior Non Fiction - Busting boredom with art projects by Mary Boone; Easy origami decorations by Christopher Harbo; Busting boredom in the great outdoors by Tyler Omoth; Busting boredom with experiments by Jennifer Swanson.

Easy Fiction - Bedtime for Batman by Michael Dahl.



ST PATRICK'S DAY AND IRISH TRIVIA ANSWERS
1. Three, 2. Snakes, 3. Cream, 4. Sun, 5. Dublin, 6. Hurling, 7. Irish Potato, 8. Guinness, 9. Green, Orange, White, 10. U2, 11. Ireland Forever, 12. "Kiss Me 'I'm Irish", 13. Seamus Finnigan, 14. Corned Beef and Cabbage, 15. Leprechaun

ICS Girls' Basketball

Congratulations to the ICS Girls' basketball team and Coaches on a great 2016/2017 season! The girls competed in the CYO playoffs, making it all the way to the Championship game. They finished in 2nd place.



Bangor Girls' Basketball

Bangor Girls' basketball team played in the District 11 division 5A championship game on Saturday, March 4th. The final score was Southern Lehigh 43 and Bangor 25.

Photos by Lynn Cistone



The Bangor girls are the 2016-2017 District 11 division 5A runner-up team, row one seated from left to right - Marissa Fernandez-Tierney, Avery Schiavone, Amanda Konicki and Casey Walsh, row two kneeling from left to right - Gulnur Avci (manager), Megan Corby, Danielle Hess, Briann Ohland, Jenna Learn, Jordan Hendricks, Verence Mendez and Laisha Parga (manager), row three standing from left to right - Amy Jo Huff (assistant JV coach), Alyssa Pellegrino (head JV coach), Jaclyn Hess, Amber Fernandez-Tierney, Madeline Minner, Kara Caton, Meghan Barone, Emily LaBar, Olivia Groller, Jeihnalie Casimiro, Morgan Karasek, Nicole Robinson, Karen Ozoria (manager), Bill Bisci (Varsity head coach) and Tom Rotzell (assistant Varsity coach)



Megan Corby (#3)
Senior and Meghan
Barone(#23)



Jenna Learn (#4)
Sophomore



Briann Ohland (#12)
Junior

BANGOR TIRE AND AUTO

TIME FOR NEW TIRES? CHECK OUT OUR PRICES
ASK ABOUT REBATES ON A 4 TIRE PURCHASE!

* Does not apply to all tires

Manufactures Rebates on Most Brands of Tires

- * All makes of Tires
- * Certified State Inspections
- * Front End Alignment
- * Auto Repairs

ASE Master Technician

411 South 1st Street • Bangor

Phone: 610-588-TIRE (8473)

Proprietor:
John Sutton



TODD'S AUTO BODY

PROVIDING QUALITY SERVICE SINCE 1987

ROUTE 512

MT. BETHEL, PA
610-588-4633

AUTHORIZED DIRECT REPAIR FOR MAJOR INSURANCE COMPANIES

- CERTIFIED TECHNICIANS •
- ASK ABOUT OUR TRUCK ACCESSORIES!

FREE
ESTIMATES

1025 MOUNT BETHEL HIGHWAY

SLATE BELT MEN'S QUOIT LEAGUE

March 2, 2017

Bangor Elks 34 Pen Argyl Legion 22 – Jody Zengulis 10-4, Brian Malone 10-4, Ryan Kreider 10-4; Matt Moore 9-5

Rescue Fire Co. 34 Liberty Fire Co. 22 – John Falcone 12-2, Steve Policelli 11-3; Phil Martin 9-5

Hillside Rod & Gun Club 35 East Bangor Fire Co. 21 – John Hartzell 10-4, Dave Flick 10-4, Phil Ascani 10-4; Kyle Frankenfield 7-7

Second Ward Fire Co. 33 Columbia Fire Co. 23 – Dave Flynn 12-2, Frank Turkdal 11-3; Brian Palmer 8-6, Vic Zeeman 8-6

Bangor Jax 41 Roseto Rod & Gun Club 15 – Wayne Hill 13-1, A.J. Gilliland 12-2, Frank Ceraul 11-3 (Note : Harold Bird threw a four-timer over Wayne Hill)

Roseto Legion 32 O'Neill's Place 24 – Chuck Klinge 12-2, Bob Vargo, Jr. 9-5; Jack Bellis 10-4

Oxford Fire Co. 38 Bangor VFW 18 – Bob Winter 12-2, Jim Huff 10-4

2016-2017 SBMQL Second Half Standings

Division 1 – Bangor Elks 12-0, Bangor Jax 12-0, Oxford Fire Co. 10-2, Pen Argyl Legion 8-4, Roseto Legion 8-4, O'Neill's Place 7-5, Bangor VFW 6-6

Division 2 – Hillside Rod & Gun Club 8-4, East Bangor Fire Co. 5-7, Second Ward Fire Co. 3-9, Rescue Fire Co. 2-10, Liberty Fire Co. 2-10, Columbia Fire Co. 1-11, Roseto Rod & Gun Club 0-12

2016-2017 SBMQL Current Season Standings

Division 1 – Oxford Fire Co. 23-2, Bangor Elks 23-2, Bangor Jax 23-2, Pen Argyl Legion 17-8, Roseto Legion 17-8, O'Neill's Place 14-11, Bangor VFW 12-13

Division 2 – Hillside Rod & Gun Club 17-8, East Bangor Fire Co. 11-14, Rescue Fire Co. 6-19, Second Ward Fire Co. 6-19, Liberty Fire Co. 4-21, Columbia Fire Co. 2-23, Roseto Rod & Gun Club 0-25

Will Menhennitt Eagle Scout Project Fundraiser

Will Menhennitt, Troop 38, held a fundraiser at the Bangor VFW Post 739 on January 28th. The fundraiser dinner along with music by Jeff Belfy & Co. helped to support Will's Eagle Scout project. Will's project consisted of taking down two old pavilions at the Bangor Little League field at Bangor Park and replacing it with a new pavilion complete with a concrete floor, metal roof, and stone columns.



Bob Washock V.F.W. Post 739 presented Will with a check looking on are Vice President Keith Kutz and President Dale Crum.



Pictured Will Menhennitt with his Mom Nanette, sister Jenna, and Troop 38. Photos by Kris Ordinsky Parks

Read Across America at Washington Township Elementary

Dr. Seuss Day was observed at Washington Elementary School on Friday, March 3rd. Guest readers from St Luke's and other locations read to the children.

Photos by Larry Cory sbtt



Braden Hendershot BASD



Darla Frack St. Luke's



Mrs Mignosi's room



Sophia Cesare, Kasey Hamlin

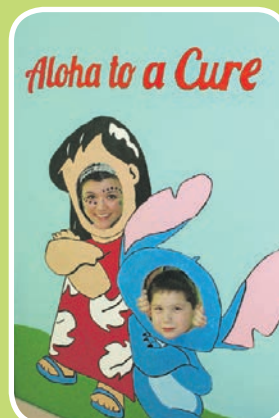


Gianna Ianni

Pen Argyl High School Mini-Thon

Two Hundred Pen Argyl High School students danced from morning 'til night on Saturday, March 4th at Pen Argyl High School's Mini-Thon. Students raised \$39,374.08 in an effort to help find a cure for childhood cancer.

Photos by Dawn Abbott



Kandie Gower, Brody Hannick



Sean Schmoyer, Catherine Boddie, Melissa Shook



Peter Tocket, Benjamin Hicks



Rebecca Fulmer and friends

PICK UP A COPY OF THE BELT & BEYOND AT THESE LOCATIONS

SLATE BELT/BANGOR

A.B.A. Notary
Ace Hardware
A Clean Slate
Baby Harry Coffee Co.
Bloom Creative Studio
Bangor Area School District
Bangor Borough
Bangor Child Care Center
Bangor Chiropractic
Bangor General Store
Bangor Hardware
Bangor Laundromat
Bangor Podiatry
Bangor Post Office
Bangor Public Library
Bangor Tire and Auto
Bangor Trust Brewing
Bank of America
Blue Mtn. Pediatrics
Blue Valley Diner
Blue Valley Farm Show
Blue Valley Vision
Bono Pizza
Borked PC
Bray's News
Broadway Pub
Burning Daylight Greenhouse
Carmella's Salon
China Wok
Chocolates on Broadway
Country Carpet Shoppe
Country Roads
CPA Tax
Cuts Plus
Dinky's Ice Cream Parlor
Dotta Chrysler Jeep
Duke's Sporting Goods
Dunk'in Donuts
Episcopal Apartments
Eunike Fashions
First United Methodist Thrift Store
Grace on Broadway
Ginder Greenhouse
Good Shepherd
Hartzell's Auction Gallery
H&R Block
Health Network Laboratories
Heard's Meat Market
Hometown Brand Center
Ignite Fitness
J Nails
JMS Salon
Job Connections
Johnnie's Restaurant
Kline's Auto Repair
Lehigh Valley Health Network
Little Corner Cafe
Lafayette Bank
Little Creek Bar-B-Cue
Main Street Market
Magda Family Dental
Mary Eck O.D. Optometrist
Merchant's Bank (Rt 191 & Broadway)
Miller's Paint Store
Multicare Plus
Outdoorsman's Warehouse
Penn Jersey
Pies to Die For Cafe
Platinum Cutz Barber & Tattoo
Recovery Revolution/A Clean Slate
Rite Aid
Ruffly Purfect
Santander Bank
Shirts Hair Cutting
Blue Mt. Pediatrics
Sinfully Sun
Slate Belt Chamber of Commerce
Slate Belt Nursing & Rehabilitation Center

STA Bus Co.
State Farm Brian Witmer
Subway
Sunoco
Sweet Things Cupcakes
Three Brothers Beverage
Tolino's Fuel Service
Tolino's/Valero
Tom Mulligan Barber
Veronica Anthony's Salon and Spa
Viny's Pizza
Wagner's Tire & Auto
Weaver Chiropractic
Weis Market
Washington Pet
PEN ARGYL
Anderson's Formalwear
Blue Mountain Community Library
Bono Pizza
Cascario's
Cuono's Barber Shop
Dr. Gary Williams DMD
Donna's Salon
Emmy Lou's Ice Cream
Giordano's Italian Restaurant
Jennifer's Salon & Day Spa & Consignment
Kim Cesare Auto Sales
Leck Veterinary Hospital
Lisa's Salon 25
The Lunch Room
Miss Rose's Pre-School
Morning Star Manor
Mr Pastie
The Old Mill Restaurant
On the Spot Dry Cleaners
Pen Argyl Pizza
Pen Argyl Post Office
Pool Store
Reagle Dodge
Reimer Bros.
Reto's Barber Shop
Rep. Mario Scavillo
Sabatino Insurance
Slate Belt Floor & Wall
The Slate Pub
Tolino's/Valero
ROSETO
Faith Christian School
J.C. Bloom Designs
Roseto Bakery
Ruggiero's Market
WIND GAP
A Cut Above Hair Salon
Aunt Wendy's
Blue Valley Family Practice
Blue Valley Lanes
Cafe on Broadway
Chandler Estates
Coordinated Health
Cozy Barn
Crystal Nails
Daisy Dairy Bar
Detzi's Tavern
Doughboys Pizza
Dunkin Donuts
ESSA
Family & Friends Restaurant
The Gap Diner
Genesis Hearing
Giant
Gordon Notary
Great American Real Estate
Instant Replay
Inn Town Storage
Just the Touch Hair Salon
Kilareski Orthodontics
Let's Pass It On
Nazareth Borough Office
Merchant's Bank
Mike's Produce

Mittman Country Meats
Nana's Oasis Pool Supply
Nazareth Chamber of Commerce
Penn Jersey
Petromart
Pocono Rv Center
Realty Executives
Sal's Pizza
Slate Belt YMCA
Soapee Sudz Laundry
Square One
State Farm Lucy Flinn
State Representative Marcia Hahn
St Luke's
Subway
Taste of Nature
Three Brothers Pizza
Timeshare Oasis
Walden III
Wells Fargo
Wind Gap Beer Outlet
Wind Gap Chevy Buick
Wind Gap Hardware
Wind Gap Laundromat
Wind Gap Post Office
MOUNT BETHEL
5 Points Inn
Ahearn's Garage
By The Dozen
Comunale's Italian Market
Cotturo Dental
Encore Resale Shop
Expression Thru Glass
Horn's Outdoor Inc.
Hope's Favorite Things
Merchant's Bank
Middle Village Bakery
Miller's Egg Ranch
Mt. Bethel Auto Supply
Mt. Bethel Beverage
Mt. Bethel Diner
Mt. Bethel Eye Care
Mt. Bethel Hardware
Mt. Bethel Pizza
Mt. Bethel Post Office
Penn Jersey
Realty Solutions of PA
Realty World
State Representative Joe Emrick
Subway
Teel Realty
Thomas Greenhouse
TK's Bar & Grill
Todd's Auto Body
Teresa's Pizza
Tuscarora Inn
PORTLAND
Janet's Jems
Kelly's Ice Cream
PA Bagel & Deli
PNC Bank
Portland Post Office
DELAWARE WATER GAP
DWG Welcome Center
Martz Trailways
Village Farmer & Bakery
MARTIN'S CREEK
DeBer's Corner
Martin Creek's General Store
Martin's Creek Post Office
Merchant's Bank
NAZARETH
Alexandria Manor
Calandra's Cheese
Dunkin Donuts
Emily's Ice Cream
G.S. Oswald Jewelers
Hair Design 201
Herbs to your Success
Kendra's Buttercup Bakery
Memorial Library of Nazareth

Vicinity
Merchant's Bank
Mivajo's Pizza
Missing Piece
Moravian Hall Square
Nazareth Area Coin Laundry
Nazareth Army & Navy Store
Nazareth Exchange
Nazareth Hardware
Nazareth Tanning
Nazareth YMCA
Potts' Doggie Shop
Ralph's Appliance
Shear Envy
State Rep. Joe Emrick
Stehly's Bakery & Eatery
Subway/Papa John's
Tips to Toes Nail Salon
VIA Thrift Store
Zanette's Nazareth Grill
BATH
Blue Moo
Dotta's Auction
Dunkin Donuts
Hickory Hills
Latterman's Deli
Moore Pizza
Pizzaville
Turn In Restaurant
Wells Fargo Bank
BELFAST
Choida's Belfast Deli
Miguel's Restaurant
Plainfield Diner
Fuel Cell
STOCKERTOWN
A Country Home
Klein's Dairy & Farms
Stockertown Post Office
Tolino's/Valero
TATAMY
Northampton Farm Bureau
Tatamy Post Office
PALMER
Palmer Diner
Palmer Nursery
Raub's Farm Market
Stroehmann Bakery Outlet
FORKS
BB&T
Catanzareti Pizza
Chubby's
CIT
Forks Furniture
Holiday Hair
Just a Dream Frozen Yougurt
The Mail Room
Merchant's Bank
Neighbor X Pharmacy
Nicolosi's Pizza
Party It Up
Salvatore's Pizza
St. Luke's
State Farm Insurance
Top Starr Exxon
EASTON
Caribbean Tans (25th St.)
Connexions Gallery
Crayton's Creations
Chimpun Peru
Dunkin Donuts
Daddy's Place
Easton Hospital
Easton Public Library
Jimmy's Hot Dogs (25th St.)
Josie's NY Style Deli
Joe's Delicatessen
Merchants Bank
Pearly Baker's Ale House
Sears Appliance & Hardware (Rte. 248)

Skinterest Skin Care & Boutique
Third Street Alliance
Tic Toc Family Restaurant
Sweet Girls Bakery
POCONOS/BRODHEADSVILLE
Bono's
Dunkin Donuts
Shop Rite
West End Diner
SAYLORSBURG
Creature Comforts
Mountain House Country Store
Saylorsburg Lumber
SNYDERSVILLE
Snydersville Diner
STROUDSBURG
Blu Studio
Carroll & Carroll Booksellers
Cedar's Mediterranean Grille
Cure Cafe
DeNovo Clothing
Dunkleberger's
Earthlight Natural Foods
Eastern Monroe Public Library
E.L. Salon
Ellie Mae's Closet
Fine Jewelry Designs
Gamer's Edge
Jimmy's Ice Cream
Klue's Escape Room
Little Angel's Cafe
Magda Family Dental
Monroe Library
Mountain Mutts Grooming & Salon
Philly Steaks
Pocono Sew & Vac
Raw Winery
Ready Set Run
Rockin Willy's Houka Shop
Rootin Tootin Hot Dogs
Sarah's Corner Cafe
Sherman Theatre
Shear Brilliance II Salon
ShopRite
Stroudsburg Foto Shop
Stroudsmoor Country Inn
Sweet Creams Cafe
The Apple Tree
The Charcuterie
The Dog House
The Galmay Corporation
The Potting Shed
The Renegade Winery
Tobacco Outle
Total Home Health Care Pharmacy
Triplets Diner
Vertical Earth
E. STROUDSBURG
Dunkin Donuts
Kilareski Orthodontics
Natural Concepts Hair Design
Soap Box Laundromat
NEW JERSEY/BELVIDERE
Bagelsmith
Belvidere Diner
Cross Roads Diner
Belvidere Food Mart
Hot Dog Johnny's
Marshall's Farm Market
Skoggy's Deli
Thisilidous Eatery
Uncle Buck's Diner
COLUMBIA
Clover Rest Home
Dalton's Columbia Inn
Humpty Juniors

April the Giraffe Watched by Millions

by Amanda Nyborg

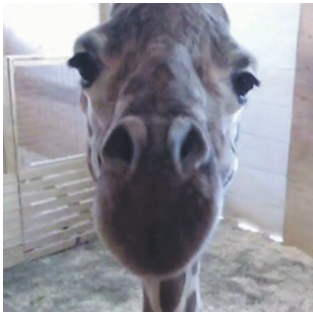


Photo: BBC News

Who would have thought a pregnant giraffe would become an overnight sensation? That is exactly what has happened as millions worldwide watch the live stream and videos of "April" the pregnant giraffe. April currently resides at the Animal Adventure Park petting zoo in upstate New York, where her keepers keep a close eye on her pregnancy and health. Fifteen-year-old April is now over sixteen months pregnant. What makes her pregnancy so special are the updates on how much the baby is moving, especially since baby giraffes at birth are six and a half feet tall and weigh about two-hundred and twenty pounds. With each new video, her stomach moves more and the anticipation and excitement grow as tens of thousands wait on the edge

of their seats for April to deliver her calf. With all the excitement, we can't leave out daddy "Oliver," who is referred to as April's "baby daddy." He is only five years old, and he gets monitored visits with April. They monitor these visits because he may injure her due to how pregnant she is. Male giraffes are generally not part of the calf raising process, however, Oliver seems to be quite taken with April and watches over her. Another reason that April the giraffe is so intriguing to her viewers, is that her species is endangered. Giraffes have become endangered due to habitat loss and poaching. Unfortunately, this has gone unnoticed due to the slow progression of them dying out. If you're interested in seeing what all the fuss is about, you can watch her amazing journey, by live stream videos and prepare for the birth of her calf!

There are a few sites to watch that keep viewers updated on April's progression. Youtube keeps an update on the latest videos <https://youtu.be/ZuYR4cTNbB0> also Fox News, <https://www.google.com/amp/fox8.com>

Photo: BBC News

Jacobsburg Environmental Education Center Community Programs, March 2017**DiscoverE Adventure Backpacks Available -**When: **Monday thru Friday, 8:00 AM to 2:30 PM**

Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth
Borrow a backpack full of kid-friendly tools to explore Jacobsburg! These backpacks are best for families with young children. Each backpack includes binoculars, notepad, colored pencils, magnifying lens, bug box, dip net, and five field guides for exploring the pond, insects, birds, trees, butterflies and moths. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

Family Night - Frog Find and Salameander - Friday, March 17, 6:30-8:00 PM

Do you know what an amphibian is? Discover what makes this group of animals and the vernal ponds that they depend on unique. Vernal ponds are temporary bodies of water that form in spring from rain and snow melt. These ponds lack predatory fish and are used by frogs and salamanders to breed and lay eggs. Join us for this evening adventure to explore these woodland ponds in search of amphibian wonders. Please dress for the weather, wear waterproof footwear, and bring a flashlight.

Registration is required.

Animal Habitats for Scouts - Saturday, March 25, 10:00-11:00 AM

What do animals need to survive and how do they find these things at Jacobsburg? We'll explore these topics and more as we focus on what makes a habitat. This program is best for scouts younger than 10 years old. Registration is required for scouts and siblings who wish to participate.

Geocaching for Scouts - Saturday, March 25, 2:00-3:30 PM

Learn how to use a hand-held Geographical Positioning System Unit (GPS) to find hidden caches at Jacobsburg! This program is best for scouts ages 10 and up and will teach them the basic skills and ethics of geocaching. Registration is required for anyone planning to participate in the program.

You can also view and register for community programs online at <http://events.dcnr.pa.gov/>. If you need an accommodation to participate in a program please contact the park office at 610-746-2801 or jacobsburgsp@pa.gov. With at least three days notice, interpreters for people who are deaf or hard of hearing are available for educational programs.

BUSINESS DIRECTORY**HEARD'S MEAT MARKET**

Fresh & Smoked Meats

501 S. Main Street,
Bangor, PA

Phone: 610-588-1195

Fax: 610-588-7581

**Phil's Plumbing**

Home Maintenance & Repair

610-588-1923 • 610-509-6632**"No Job Too Small, Free Estimates"**

Carpentry • Electrical • Plumbing • Drywall
Painting • Doors • Windows • Heating • Decks
Ceramic Tiles & Laminate Floors • Snowplowing
Property Maintenance • 24 Hr. Emergency Service

31 W. 1st Street, Wind Gap
610-863-4600Email: instrep31@gmail.com

DISCOUNTED "IN STOCK" BASEBALLS

RCAL1 - \$39.00/RCAL - \$40.00

BRO - \$30.00/BRO1 - \$29.00

ROTB1 & ROTB5 0 \$37.00

Team Sports Equipment and Uniforms

Corporate Apparel and Accessories

*Screen Printing & Embroidery Service

**Call Today this
could be your ad**

Expressions Thru GlassRita Bolles
Owner2242 Ridge Rd.
Bangor, PA 18013

610-588-1490

expressionthruglass@gmail.com
www.expressionsthruglass.com

**Call Today this
could be your ad**

ADVERTISE YOUR BUSINESS IN OUR BUSINESS DIRECTORY.**CALL TODAY FOR ADVERTISING RATES 610-704-6818 OR EMAIL THEBELTANDBEYOND@GMAIL.COM**



ST
STUDENT TRANSPORTATION INC.®

Now Hiring
Mechanic, School Bus and Van Drivers for
**BANGOR AREA
SCHOOL DISTRICT**
Experienced or Training Will Be Provided
20-30 Hours Per Week (AM & PM Routes)
Competitive Wages
MUST PASS ALL CLEARANCE & BACKGROUND CHECKS
STA is an Equal Opportunity Employer
CALL NOW! 610-588-3590



B & B FREE YARD SALE FORM


Date of Sale _____ Time of Sale _____

Address of Sale _____

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____

 All Contact Information Must Be Included. Deadline for yard sales Fridays at 4:00 p.m. prior to week of publication. Maximum 25 words. Mail completed form to:
P.O. Box 33 Bangor, PA 18013 or email: yardsales.thebeltandbeyond@gmail.com or fax 814-283-4819. No yard sale ads will be accepted over the phone.

RENTALS

FOR RENT
1 bedroom remodeled apartment in Bangor, off road parking, w/s/g included, no pets. \$600 plus one month security. Call 610-905-1701.



Home
Helpers®
Making Life Easier®

We are looking for compassionate caregivers for 3 days a week 8A-4P and 4P-8P shifts in Bangor, Wind Gap and Mt Bethel. Every other weekend is required.
Please call 610-596-7055 for more information

LAWN & GARDEN AUCTION
33rd Annual Auction
Sat. April 1st at 9am
HILLTOP SALES & SERVICE, INC.
158 Falcone Road, Bangor, PA 18013
610-588-4088
www.hilltopsales.com
CONSIGNMENTS WELCOME!
Buyers Premium 2% (waived with cash/check)
Hartzell's Auction Gallery
AU-000395 • 610-588-5831

Your source for community news, events, sports, and happenings.



B & B
The Belt and Beyond


We love to hear from you!
News • Photos • Events
610-704-6818
P.O. Box 33 Bangor, PA 18013
thebeltandbeyond@gmail.com
👍 LIKE us on facebook to stay up to date!

Visit us online www.thebeltandbeyond.com

ADVERTISE HERE!
THE BELT AND BEYOND MAIL OR EMAIL
YOUR CLASSIFIED ADS TO US!

FOR SALE

CLASSIFIED ADS
REAL ESTATE-PROPERTY RENTALS & SALES,
HELP WANTED, SERVICES,
MISCELLANEOUS FOR SALE ITEMS, AUTOS,
CARS, TRUCKS, SUVs, RVs, MOTORCYCLES

 Classified line ad rates up to 20 words
\$8 per issue each or \$15 for 2 issues.
There will be an additional charge of
25¢ per word over 20 words.

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE _____

LINE CLASSIFIEDS
1 Issue: \$8 _____ 2 Issues: \$15 _____

CLASSIFIED DISPLAY
1 Issue: _____ 2 Issues: _____
1 Column X 1.25" \$15 per insertion or \$25 for 2 issues or
1 Column X 1.75" \$20 per insertion or \$30 for 2 issue

Mailed or emailed classified ads will only be accepted. No Classified ads will be accepted by phone. Deadline 12:00pm on Friday, prior to publication week. By mail send this form along with your check made payable to: The Belt and Beyond, P.O. Box 33, Bangor, PA 18013 ATTN: Classifieds. By Email send Classified ad with Classified ad in the subject to thebeltandbeyond@gmail.com.
All Classified ads must be pre-paid. No Exceptions. No Refunds or Credits.

FOR SALE?
ADVERTISE HERE!

**THE BELT AND BEYOND
MAIL OR EMAIL
YOUR CLASSIFIED
ADS TO US!**

Ackermanville United Methodist

1410 Ackermanville Road, Bangor, PA.,
(just off Rt. 191 in Ackermanville),
9 AM Sunday School, 10 AM Worship
Rev Alice Ann Bonham, (610) 588-7818
www.ackermanvilleumc.org

Arndt's Lutheran Church

1851 Arndt Road, Easton, PA 18040, 610-253-3732
Worship: Sat. 6:00 PM, Sun. at 8:15 AM Communion;
9:00 AM Children's Sunday School; 9:30 AM.
Confirmation; 10:30 AM Worship
Tue. - 10:00 AM Open Arms; 7:00 PM Boy Scouts &
Bible Study.
Wed. - 10:00 AM Open Arms
Holy Communion is celebrated on the 1st & 3rd
Sundays of the month.
Email: arndts.lutheranchurch@rcn.
Website: www.arndtslutheran.org

Bangor Church of the Nazarene

150 Bunny Trail, Bangor
9:30 AM Sunday School, 10:40 AM Worship
Powerhouse Praise Practice 5 PM
Teen Straight Talk & Small Groups 6 PM
Kenneth L. Bean, Pastor, (610) 588-6929

Belfast Bible

483 Belfast Road, Belfast
9:30 AM Sunday School (All Ages)
10:45 AM Worship, Evening Service 7 PM
Pastor Michael Yaworski

Belfast Wesley United Methodist

607 School Street, Belfast
9:00 AM Children & Adult Sunday School, 10 AM
Worship, followed by coffee fellowship.
Pastor Paul Milligan, (610) 746-3652

Benders Mennonite Church

975 Benders Church Road, Pen Argyl
10:10 AM Worship, Food Bank 3rd Saturday
of the month 9 AM - 11 AM (610) 863-9114

Bethel Bible Church of Mt. Zion

7742 N. Delaware Dr. (Rt 611) Martins Creek
9 AM Sunday School, 10 AM Worship
Pastor Rick Tunis, (610) 250- 9809
www.bethelbiblechurchofmontzion.org

Christ Hamilton United Methodist Lutheran Church

419 Bossardsville Road, Stroudsburg, PA 18360
570-992-4085

www.chrighthamilton.org email: chulc@ptd.net
Worship Services @ 8:15am & 11:00 am
Sunday school for 3 year olds thru adults @ 9:30am

Christ Evangelical Lutheran Church

703 S. Delaware Dr (Rt 611) Stone Church/Mt. Bethel
610-588-7056 e: celcpaorg@yahoo.com
Sunday School 9am (Sept-May)
Worship 10am; communion 1st & 3rd Sunday
www.celcpa.org

Community Baptist

Weona Park Center, Pen Argyl
7 PM Bible Study, Separate class for age 10 & under

Clearfield Bible Holiness Church

1502 Bushkill Center Road, Wind Gap
10:30 AM Sunday School, 11:15 AM & 2 PM Worship
7 PM Thursday Prayer Meeting
Pastor Mike Beck, (570) 369-6563

Community Church

Mount Pocono Location
1050 Memorial Blvd., Tobyhanna, PA 18466
SUNDAYS 9:30 am | 11:00 am | 12:30 pm
The Burgs Location - SUNDAYS 11:00 am
2000 Milford Road, Stroudsburg, PA 18301

Community Presbyterian

1755 S. Delaware Drive, Mount Bethel
9:15 AM Sunday School, 10:30 AM Worship
Coffee hour on last Sunday of every month
following service cpcmbp@peoplepc.com
2nd Wednesday - Community Eucharistic worship
service beginning on Feb. 8th at 2:00PM
(570) 897-6766, www.yourcpcchurch.com

Cross Road Baptist Church

201 S Second Street, Bangor
9:30 a.m. Sunday School, 10:45 a.m. Worship
Wednesday 7 pm Prayer/Bible Study
2nd Sunday of Month Free Meal
4-5:30 pm Breaking Bread Soup Kitchen
Rev. Jay VanHorn, Pastor, 610-588-3966
www.crossroadbaptistbangor.com

East Bangor United Methodist Community Church

136 West Central Avenue, East Bangor, PA
Sundays - 8:30 a.m. Choir Rehearsal, 9:15 a.m. Worship
Service, 10:30 a.m. Sunday School, After-Church Fellowship
(Last Sunday), 4:00-6:00 p.m. Free Dinner (1st Sunday)
Mondays - 7:00 p.m. Bible Study
1st Wednesday - 7:00 p.m. U.M.W. "Esther Circle"
Thursdays - 6:30 p.m. Bazaar Workshop, 7:00 p.m. Choir
Rehearsal

Saturdays - 8:00 p.m. AA Meeting
Pastor David Goss (610) 588-4453
Dial-A-Message (610) 588-3896
Website: http://www.ebumc.org/

Faith Alive Community Church

10 Mechanic Street, Wind Gap
10 AM Worship, 10:45 AM Children's Church
and Next Level (Grades 7-12)
Pastor Matthew Whistler, (610) 863-6911
www.faccpa.org

Faith United Presbyterian

218 W. Penna. Avenue, Pen Argyl
Tues: Faith Quilters-1PM
Wed: Adult Bible Study-10AM
Sun. Mar, 12, 2nd Sunday Of Lent, Choir 9AM, Worship/
Communion/Church School 10AM, Session 11AM
Sun. Mar 19, 3rd Sunday Of Lent, Choir 9AM, Worship/
Communion/Church School 10AM
Sun. Mar 26, 4th Sunday Of Lent, Choir 9AM, Worship/
Communion/Church School 10AM
Rev. Ruth Ann Christopher (610) 863-4447

Family Life Community Church

1115 Richmond Road, Bangor
Wednesday: Kidz Night Out at The Hub 6:30-
8:30 PM (Kids ages 6 thru 6th grade), Thursday: Teen
Night Out at The Hub 6:30-8:30 PM (Grades 7th thru
9th) 10 AM Worship Service
Pastor Mike Poppa, (610) 588-3736,
www.flccbBangor.com

First United Evangelical

25 South 2nd Street, Bangor
Sun.: Sunday School at 9:30 AM,
Worship at 10:30 AM
Wed. Eve.: Prayer Meeting and Bible Study, 7 PM
Pastor Ronald Shipman, (610)-588-3226

First United Methodist Church

55 North Third Street, Bangor
8:30 AM Contemporary Service, 8:50 AM Junior Church,
9:50 AM Sunday School for all ages, 11 AM Traditional
Service, 11:15 AM Junior Church
Rev. Navin Satyavrata, (610) 588-4673
www.firstumcbangor.com

Faith Family Fellowship

1002 Bushkill Center Road, Nazareth
Sundays: 10 AM Worship Service with fellowship time
to follow
Pastor Robert Hampton, 484-408-9624

Flicksville United Church of Christ

1337 Lower South Main Street, Bangor, PA 18013
610-588-4648 www.flicksvilleucc.org
Sunday School 9:30a.m.
Sunday Worship 10:45a.m.
Service will include local musical talent

First United Methodist

19 West & Water Street, Wind Gap
8:45 AM Sunday School
10 AM Worship/Communion
11 AM Fellowship on 1st Sunday of each month
Pastor Bruny Martinez (717) 940-3090

God's Missionary Church of Northampton

4965 Nort Bath Blvd (Rt 329), Northampton
9:30 AM Sunday School, 10:30 AM & 7 PM Service
6:30 PM Youth Service
Wednesdays-Prayer Meeting 7:30 PM
Rev. Rodney Keister, (610) 262-4412
www.GMC-N.com

Good Shepherd Evangelical Lutheran Church

2904 Church Road, Martins Creek
9 AM Worship, Adult Bible, Study following worship
Pastor Louise Williams

Grace Lutheran Church

5907 Sullivan Trail, Nazareth
9 AM Service, 10:15 AM Sunday School,
10:30 AM Adult Forum
(610) 759-9080, www.gracebelfast.org

Grace United Methodist Church

404 Mountain Avenue, Pen Argyl
8:30 AM Contemporary Worship
10 AM Blended Service, Sunday School
Rev. John T. Pfeil, (610) 863-4811

Holy Trinity Orthodox Church

1501 Trinity Court, Stroudsburg
9:30 AM Divine Liturgy Sundays
6:30 PM Vespers Saturday
(570) 421-4455, www.holytrinitypoconos.org

Hopesprings Community of Faith

301 Market Street, Bangor
Meeting time 10:00 AM
855-info-hope., www.hopespringscommunity.org

Hope Lutheran Church

240 S. 8th Street, Tatamy, PA
Pastor Herbert Dolich
9:00am Sunday School classes and Bible Study (Sept.-May)
10:30am Worship services(Sept.-June)

Hope UCC

22nd & Cherry Street, Wind Gap
Worship 10:30 AM, Sunday school 9:15 AM and
communion first Sunday of the month.
Pastor Rev. Dean D. Frey, (610) 863-4474

Living Waters Christian Church

396 Sterling Road Unit D, Tobyhanna
Thursday: 6-7 PM Christian Education, Sunday:
9:15 AM Christian Education, 10:30 AM Worship
Rev. Dr. Jacqueline R. Walters
(570) 350-4710 or (570) 629-5581
livingwaterscc@aol.com

Arsha Vidya Pitham (Institute for Study of Vedanta, Yoga and Meditation)

651, Route 115, Saylorsburg www.arshavidya.org

Mount Bethel Church

1270 Belvidere Corner Road, Mt. Bethel
Pastor Chris Priestaf, (570) 897-7142
Little Friends Preschool (570) 897-7797
email office@mountbethelchurch.org
www.mountbethelchurch.org

Sunday Service Schedule

8:30 & 11am Worship Services
9:45 Confirmation and Sunday School

Mount Eaton Church

7277 Mt. Eaton Road, Saylorsburg
Services: 6:30 PM Saturday, 8 AM Sunday Traditional,
10:30 AM Sunday Contemporary,
6 PM Sunday Youth Group, Wednesdays: 7 PM Family
Night, 8:30 PM Young Adults' Group
Pastor Doug Hayes, (570) 992-7050
mounteatonchurch.org

Nazareth Moravian Church

4 South Main Street, Nazareth
Sundays - 8:15 Worship; 9:30 Sunday School 10:45
Worship Wednesdays 6:00pm Weight Watchers:
7:00pm Bible Study
Thursdays 6:30pm Bell Choir; 7:15pm Senior Choir
(610) 759-3163, nazarethmoravian.org

Our Lady of Good Counsel

436 South 2nd Street, Bangor
4 PM Saturday, 8:30 AM Sunday
Pastor Stephen L. Maco, (610) 588-5445

Portland Baptist Church

601 Delaware Avenue, Portland
9 AM Sunday School, 10 AM Fellowship, 10:20 AM
Worship, 6-7:30 PM AWANA Youth Group/Prayer
Meeting/Bible Study, Handicap accessible
(570) 897-6866, www.portlandbaptistchurch.com

Prince of Peace Lutheran Church

2445 Lake Minsi Drive, Bangor
Every 1st & 3rd Saturdays of the month at 5:30 PM
Worship & Holy Communion
Sundays: 9:45 AM Worship & Communion
Rev. Michael J. Scholtes, (610) 588-2355
www.popbangor.org

Presbyterian Parish of Bangor-Roseto

Sunday 10:45 AM Worship Service
Rev. Albert Martin, (610) 588-4864
www.presbyparishbangorroseto.webs.com

Presbyterian Church of the Mountain

Church Lane, Delaware Water Gap (570) 476-0345
Sunday Worship Service: 10 AM in the Sanctuary
Holy Communion: 1st Sunday of each month
Praise Team: 2nd Sunday of each month
Sunday School: during worship in the Fellowship House
for ages 0-12 (childcare and class)
Choir Rehearsal: Thursday at 7:30 PM in the Fellowship
House Choir Room, Deacons Meeting: Last Sunday of
each month at 11 AM, Session: 2nd Thursday of each
month at 7 PM, Bible Study: each Monday at 7 PM

Richmond United Methodist Church

8538 Delaware Drive (Route 611), Bangor
One Sunday Service at 10:00 AM
Adult Sunday School at 9:00 AM
Children's Sunday School at 10:00 AM
Pastor Ed Van Arsdale
(610) 588-7317 www.richmondumc.com

Refiner's Fire Ministry

100 Division Street, Portland
Sundays: Prayer 9:15 am Worship 10:00 am
Wednesday Night Bible Study 7:00 pm
Friday Night Redemption (Christ-centered, 12 step
meeting) 8:00pm
Pastors Phil and Jessica Karasiewicz
570-583-3101
refinersfireministry2006@gmail.com

Slate Belt - Nazareth Baptist Church

1620 Church Road, Pen Argyl
Every Tuesday: Mixed Martial Arts/Self Defense
7-8:15 PM, Aerobics 7-8 PM
Sunday: 9:30 AM Sunday School, 10:30 AM Worship
& Children's Church (nursery provided)
Adult Bible study is at 4:30, AWANA is at 5:30
Pastor Scott J. Davis, (610) 863-9274

The Roseto Independent Presbyterian Church

210 Garibaldi Avenue, Roseto
9:15 AM Greeting, 9:30 AM Service
Rev. Barry Eng, (610) 599-9949
www.RIPC-OnlineToday.org

Salem UCC

2218 Community Drive Bath PA 18014
Worship 8:00 AM; Sunday School, Confirmation Class,
Junior Choir 9:00 AM; Worship 10:15 AM
Sundays Cub Pack 50 1:00 PM
First & Third Mon. of the month Pinochle Club 11 AM-
2:30 PM
Third Monday of the month Consistory Meeting 7:00 PM
Tuesdays Boy Scout Troop 50 6:30-8:00 PM & Senior Choir
7:00 PM
Wednesdays Ladies Aid Quilting 9:00 AM-3:00 PM
Pastor Donald Brown, (610) 759-1652
www.salemuccbathpa.org

St. Brigid's Episcopal Church

301 Madison Avenue, Nazareth
9 AM Holy Eucharist
Rev. William Martin,
(610) 746-3910, www.stbrigidspa.org

St. Elizabeth's Parish

300 West Babbitt, Pen Argyl
Masses: 5 PM Saturday, 8 AM, 9:30 AM & 11 AM Sunday
Rev. Msgr. Vincent P. York. (610) 863-4777

St. Luke's UCC Belfast

471 Belfast Road, Nazareth (Belfast)
9:00 AM Worship - beginning the week of June 13th
1st Sunday of month Holy Communion
Pastor Rev. Frank Gassler, (610) 759-0244
www.stlukesuccbelfast.com

St. Mary's Episcopal

340 Lehigh Street, Wind Gap
9 AM Eucharist & Sunday School, Coffee hour
follows service
The Rev. Canon Joel Atkinson, priest in charge.
(610) 863-8007 saintmarywindgap.webs.com

St. John's Evangelical Lutheran

12 North Westbrook, Pen Argyl
8:45 AM Sunday School, 10 AM Worship
(610) 863-4332

St. Joseph's Episcopal

1440 Verona Drive, Pen Argyl
11 AM Eucharist, Coffee hour after service
The Rev. Canon Joel Atkinson, priest in charge.

St. Peter's Evangelical Lutheran

1422 Church Road, Pen Argyl
11 AM Bible Study, 7 PM Praise Band,
6 PM Youth Choir, 7:30 PM Adult Choir,
8 AM & 10:15 AM Services, 9 AM Sunday School
(610) 863-6859

St. Peter's UCC

401 Broad Street, Tatamy
10:00 AM worship all year
10:00 AM Sunday school Sept.-May.
Interim Pastor, Darlene Blocker, (610) 252-6515

St. Vincent DePaul Catholic

Delaware Avenue, Portland
6 PM Saturday, 10:30 AM Sunday
Rev. Stephen L. Maco, (610) 588-5445

The Salvation Army

301 W. Main Street, Pen Argyl, PA 18072
610-863-6677

Sundays: 10 AM Sunday School, Sunday services
every Sunday from 11:00am-12:00pm.

Tuesdays: Food Bank 10 AM-12 PM

Wednesdays: Knitting & Crocheting 10 AM-12 PM

Thurs: 10:30-11:30 AM Home League Women's group.

Free Lunch for Seniors: Tues.-Thurs. 12 PM

The Pentecostal Christian Church

the Truth (Iglesia Pentecostal La Verdad)

4 Jory Avenue, Pen Argyl
12 PM Sunday School (Escuela Dominical)
1 PM Praise & Worship (Cuho Evanglistico)
All invited to Bilingual Services
Rev. Frank Pons, (570) 807-7794

Temple Israel of the Poconos

Egalitarian Conservative Synagogue
711 Wallace Street, Stroudsburg
Sabbath Services: Friday 7 PM followed by a
Traditional Oneg Shabbat
Saturday 9:30 AM followed by a traditional
Kiddush. Services conducted in both Hebrew &
English in a warm, welcoming, Jewish environment.
Hebrew School for ages 4-13
Dr. Sandra Alfonsi, 570-223-7062

Trinity Evangelical Lutheran

404 Broadway, Bangor
Sunday School 9am
Worship 10:15am
Pastor Laine, 610-588-2023
www.tlcbangor.com

Trinity United Church of Christ

632 South Delaward Drive, Mt. Bethel
Worship at 10:30 am - Sunday school 9:15 am
Rev. Rodney W. Wells, (610) 588-1989

Zion Presbyterian Church

Water Street, Wind Gap
9:30 AM Service, Children's Sunday School
during service. Visitors are welcomed!
Rev. Sam Huffard



*A Perfect Fit
For the Slate Belt*

JUDGE
ALICIA ZITO

MAGISTERIAL DISTRICT JUDGE

Like us on Facebook Committee to Elect Judge Alicia R Zito